



Read Us Online at
IslandSunNews.com

THE RIVER WEEKLY NEWS

FREE
Take Me
Home

Vol. 14, No. 22

From the Beaches to the River District downtown Fort Myers

JUNE 5, 2015



LIFE Academy Principal Lynn Pottorf hands Blake Rhoades his diploma

Goodwill LIFE Academy Celebrates 10th Graduation

Nathan Ravish suppressed a smile as he sat on stage. His tassel had fallen off his cap during the Thursday evening graduation ceremony. His sister, Naomi, seated next to him on stage, leaned over and helped him replace the tassel and adjust his cap.

Teamwork has always been a theme at Goodwill LIFE Academy, even during its graduation ceremony. The school serves middle and high school students with intellectual disabilities.

LIFE Academy, which opened a decade ago this August, celebrated its tenth graduating

continued on page 21

American Hibiscus Society Annual Sale



Blue Jean Baby

The James E. Hendry Chapter of the American Hibiscus Society announced its 64th annual Hibiscus Show/Plant Sale on Saturday, June 6 from 1 to 4 p.m. at CityGate Ministries (formerly First Baptist Church), located at 1735 Jackson Street in Fort Myers. Admission and parking are free.

The free hibiscus show is the oldest,



Mango Moon

largest and best attended of all Florida's hibiscus shows, attracting several hundred people annually. This continuing show is made possible through the generosity of community sponsors Driftwood Garden Center, Edison National Bank, Dr. Jacob Goldberger, Greenscapes, Dr. John Kagan, Hooters, Orr Insurance Group, Advanced Pain Management & Spine Specialists, Riverland Nursery, Storm Shutter Warehouse, Tim's Tree Service and Wilford & Lee.

"The event will showcase hundreds of different hybrid hibiscus blooms in a variety of colors and forms which will be judged in several different classes including

continued on page 11

Artists Explore Matters Of The Heart At Davis Art Center

The Sidney & Berne Davis Art Center presents the 7th annual juried exhibition Art Of The Heart, which opens on Friday, June 5 during Art Walk. The Davis Art Center is located at 2301 First Street in the historic River District in downtown Fort Myers. Doors open at 6 p.m.

The annual juried art exhibition called artists to explore the Art Of The Heart, both the physiological heart as well as art that speaks to what is at the core of their being.

Both individual artist's work and collaborative pieces were submitted and judged for inclusion into the show. There were no specific guidelines for dimensions or sizes of the pieces accepted for the exhibit, and there will be some large innovative and unique installations.

The cash prize award amounts include Overall Best of Show - \$500; People's Choice - \$250; and Berne's Choice - \$250. A special panel of jurors, including world renowned artist Marcus Jansen, FGCU art professor Mary Voytek and art collector Fran Fenning, will select the winner of Best In Show, and Berne Davis herself will choose her favorite for Berne's Choice. All properly prepared entries will be viewed

continued on page 16



Electric Feels Half by Juliana "Hoolie" Prytyka



Nicodemus Slough

New Water Storage Area Shows Dual Benefit For Region

The South Florida Water Management District (SFWMD) has begun supplying water for the first time from the Nicodemus Slough water storage area in Glades County to benefit the health of the Caloosahatchee River and Estuary and local agricultural fields.

"Nicodemus Slough successfully provided some relief from high discharges to the Caloosahatchee and St. Lucie estuaries when there was too much water earlier this year," said Jeff Kivett, SFWMD director of the Operations, Engineering and

continued on page 7

Historic Downtown Fort Myers, Then And Now:

Autos On First, Harbingers Of Change



by Gerri Reaves, PhD

These two westward views of First Street were taken more than a century apart, but each suggests the influence the automobile has had on the town's streetscape.

As the circa-1910 photo shows, the new-fangled auto is already an undeniable presence in the business district.

The auto had first been seen on Fort Myers streets only several years before, but by the time the historic photo was taken, it was claiming parking spots where only horses and wagons had previously "parked."

Other signs, too, signal that the town is shedding its pioneer past and looking to the future.

The streets aren't what one would call properly paved (not until 1919 would the city council approve funds for the first hard-surfaced streets), but the oyster shell or sand looks fresh, hard-packed and serviceable for cars.

Absent from the middle of the intersection at Hendry is the roundabout-style concrete trough that was located there from 1904 to May 1910.

It had provided water for horses, the then-predominant means of transportation.

However, even as the trough was being installed, the automobile was already making its Fort Myers debut, so the trough quickly became an anachronism.

Farther down street, the Atlantic Coast Line train cars travel on the tracks at Monroe Street. The railway connected the town to the rest of the country and bolstered tourism and commercial activity by ferrying passengers, produce and seafood to far-away destinations.

Coincidentally, automobiles destined for Fort Myers's first car dealerships would be transported on those rails.

Note that the horizon beyond the train cars contains only sky and river, for First Street essentially ended at Monroe in those days.



In this circa-1910 westward view from First and Jackson, the automobile adapts to unpaved pioneer streets. In the distance is the train at Monroe Street. Hanging under the awning (right) is the sign for the Foxworthy Clothing Store. courtesy Southwest Florida Historical Society



At the monthly Downtown Car Cruise-In, First Street is blocked off and historic cars return to prime parking spots photo by Gerri Reaves

Maybe ram shackled wood-frame structures predominate on the south side of First is circa 1910, but look at that state-of-the-art brick Bank of Fort Myers building (left).

Signs reading "automotive" (left) demonstrate that harness and livery businesses are already being replaced with auto-centered ones.

Auto repair shops and filling stations would spring up all over town in the next few years.

In the last 115 year, the automobile has become a set-piece of downtown streets, for good or ill.

The recent photo taken during the monthly Downtown Car Cruise-In illustrates Fort Myers's continuing romance with motorized transportation. Among the vintage and show cars on display on blocked-off First Street you might see ones that could have parked there in the 19-teens.

Walk down to First and Jackson, gaze west and imagine it's 1910. The first automobiles in town are replacing horses, buggies and wagons, and brick buildings are replacing wood-frame ones.

Then, visit the Southwest Florida Museum of History at 2031 Jackson Street, where you can learn more about how the business district adapted to the demands of the automobile age.

Call 321-7430 for information or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

If you love local history, be sure to drop by the Southwest Florida Historical Society's research center at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: *The Story of Fort Myers* by Karl H. Grismer and the Archives of the Southwest Florida Historical Society.✪



Greater Fort Myers
CHAMBER OF COMMERCE, INC.

Co-Publishers

Lorin Arundel
and Ken Rasi

Read Us Online:
www.IslandSunNews.com
Click on The River

Advertising Sales

Isabel Rasi
George Beleslin

Office Coordinator

Patricia Molloy



Graphic Arts/Production

Ann Ziehl
Kristy See
Rachel Atkins

Photographer

Michael Heider

Writers

Gerri Reaves, Ph D
Anne Mitchell
Jeff Lysiak

Contributing Writers

Jennifer Basey
Kimberley Berisford
Suzy Cohen
Ed Frank
Jim George
Shelley Greggs
Tom Hall

Marion Hauser, MS, RD
Ross Hauser, MD
Audrey Krienen
Capt. Matt Mitchell
Patricia Molloy
Di Saggau
Cynthia A. Williams

The River Weekly News will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, please call (239) 415-7732 or write to: The River Weekly News, 1609 Hendry Street, Suite 15, Fort Myers, FL 33901. Fax number: (239) 415-7702. E-mail: press@riverweekly.com.

The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.

Independently Owned And Operated • COPYRIGHT 2015 The River Weekly News • LORKEN Publications, Inc.



Fort Myers Art:

Alliance's Annual All Florida Show Opens Friday



by Tom Hall

The Alliance for the Arts' 29th annual All Florida Juried Exhibit opens Friday, June 5 with a public reception from 5 to 7 p.m. The exhibition features 57 pieces by 43 artists residing in Florida.

This year's juror, Fran Gardner, is professor of art and art history at the University of South Carolina Lancaster where she teaches a variety of studio courses, art history and art education. She will be on hand during the opening reception to present awards, including \$750 cash for Best in Show and a \$250 Golden Artist Colors gift certificate for second place.

The artists whose work is featured in this year's exhibition are Melissa Barry, Katherine Boren, Paulette Boudreau, Lee Brotherton, Andy Browne, Donna Chase, Steve Conley, Deborah LaFogg Docherty, Karen Dobies, Toni Ferrell, Samuel Frazer, Lia Galletti, Muffy Clark Gill, Francesco Gillia, Whitney Hackett, Geoffrey Hamel, Krista Johnson, Leo Johnson, Megan Kissinger, Mary Klunk,

Jay Lana, Joanne Marley, Deborah Martin, Carolyn McGahey, Kellen Mills, Jan Palmer, EJ Pavsek, Renee Rey, Eric Riemenschneider, Roy Rodriguez, Alicia Schmidt, Herb Sklar, Robert Sowers, Richard Stanton, Ed Takacs, Guy Tieman, Patricia Anderson Turner, Daniel Venditti, Mary Voytek, Beau Wild, Charles Wren, Patricia Zalisko and Peter Zell.

A native South Carolinian, Gardner lives and works in the communities of Heath Springs and Lancaster. She earned her BFA from Columbia College (1982) and later, her MFA from Vermont College of Norwich University (1993). Her work has been exhibited regionally and nationally and published in numerous magazines and books. In addition to creating, exhibiting and writing, Gardner teaches workshops and judges exhibitions. She often consults with artists about deeper meaning in their work and how to improve writing about their art.

Gardner will host a Gallery Walk and Talk on Saturday, June 6 from 10 to 11 a.m. It is free, and open to the public, and runs through June 27.

Visit www.ArtInLee.org or call 939-2787 to learn more about this or other upcoming exhibits.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱



Eric Riemenschneider is one of the artists whose work is featured in this year's exhibit

Our email address is press@riverweekly.com

FREE MARINA DOCKAGE
with Dock Attendant's Assistance

START YOUR SUMMER FUN AT NERVOUS NELLIES!!!

NERVOUS NELLIE'S

CRAZY WATERFRONT EATERY

TAKE-OUT AVAILABLE
239-463-8077

UGLY'S
WHERE EVERYONE GETS PRETTIER

Nellie's Upstairs
Waterside Bar

**HAPPY HOUR
ALL DAY
EVERYDAY**

with Live
music too!

With over 100 menu items. You can reel in the largest selection of fresh seafood, prime steaks, delectable sandwiches and on and on and on. Catch fine spirits and get hooked to the beautiful waterfront atmosphere!!!

GPS Coordinates: 26°27'23.41" N • 81°57'15.18" W • www.nervousnellites.net • 1131 1st St., Ft. Myers Beach

Ronald McDonald House Charities Kids Fishing Tournament



Participating youngsters at last year's Offshore Rodeo Kids Fishing Tournament with Ronald McDonald

Reel-in some fun with Ronald McDonald at the Offshore Rodeo Kids Fishing Tournament on Saturday, June 6 at Bootleggers Waterfront BBQ, 2200 Main Street in Fort Myers Beach. The event kicks off at 10 a.m. with various stations, where young anglers will spend time learning, hooking and catching different types of fish. Lunch and a magic show with Ronald McDonald will follow at 11:30

a.m. The tournament is open to the first 100 kids age 12 and under who are pre-registered.

Registration is \$20 per child and includes tournament entry, T-shirt, a fishing rod continued on page 24

MONTH OF JUNE

50% Off!

ALL FURNITURE, FRAMED ART & LAMPS

Super Savings 4 Summer

All Furniture , Framed Artwork & Lamps!

Save 50% on all furniture, framed artwork & lamps during the entire month of June. Stop in early to secure a great deal on new items for your home.

Community Thrift Store

Next to Planet Fitness in Miner's Plaza

at the corner of McGregor Blvd. and Gladiolus

15501 Old McGregor Blvd., Suite 2 Fort Myers, FL 33908 225-6529

Open Tuesday through Saturday from 9am to 4pm

FEEL BETTER IN YOUR BODY!

DANCE FITNESS • GYROKINESIS®

Dance exercise
Barre conditioning
Line dancing
Couples instruction

Build strength
Improve flexibility
Enhance coordination
Increase circulation

Suzanne's DANCE FITNESS

Fitness with Flair @ Royal Palm Square

239.822.9226 • sdf@DanceSuzannes.com • www.DanceSuzannes.com

ICHIBAN

Chinese & Japanese Cuisine



OPEN 7 DAYS A WEEK

Mon-Thurs 11am - 10pm
Fri-Sat 11am - 11pm • Sun 12pm - 9pm

www.ichiban-sushi-chinese.com

Downtown Fort Myers (Post Office Arcade - Next to Hotel Indigo)

1520 Broadway For Takeout & Delivery Tel: 334-6991

Community Foundation Awards 72 Scholarships To High School Students

The Southwest Florida Community Foundation recently granted 72 scholarships through a competitive process to local high-school students, and undergraduate and graduate students from Lee, Collier, Charlotte, Hendry and Glades counties. The remaining scholarships awarded were by outside committee and/or designated by school.

For the 2015 scholarship season, more than 1,200 eligible applications were received and reviewed by more than 100 volunteer reviewers. Approximately \$518,375 in scholarship money was available through the Community Foundation scholarships this year.

"Thanks to the generous donors who established and continue to support scholarship funds, we are able to assist students entering college or training programs, and adults returning to school," said Sarah Owen, president and CEO of the Southwest Florida Community Foundation.

Students were able to apply for multiple scholarships through the SWFLCF's online portal, where the volunteer reviewers also logged on to review and score the scholarships based on the criteria set by the scholarship fund donor.

"We offer scholarships for vocational students and not just for attendance at colleges and universities," said Owen. "As we work closer with the FutureMakers Coalition and our donors, we are able to shift the way scholarships are granted to better benefit the students' ability to not only access schooling but to complete it."

According to Owen, examples of some of the more unique scholarships not as highly sought after included scholarships for students with disabilities, student athletes, students pursuing a specific field of study such as teaching deaf or blind individuals, students with a specific church membership or number of community service hours in a particular facility such as a Veterans Hospital, adult students going back to school, students from particular schools or communities, and students pursuing a graduate or professional degree.

New scholarships this year included:

- The Dorothy Curtis Brown Scholarship for a student interested in studying early-childhood education in an accredited college or university in Southwest Florida to obtain a Child Development Associate (CDA) credential or an associate's degree or bachelor's degree in early-childhood education.

- The Norman Marcus Scholarship for a student who graduated from Lee, Collier, Charlotte, Hendry or Glades county and can demonstrate financial need. This scholarship is for four years or for such a time as will allow the student to complete a college

continued on page 16

Shell Point

Summer Concert Series 2015

CROSSROADS QUARTET

Saturday, June 13



Enjoy the Crossroads Quartet as they present a highly anticipated new vocal quartet performance steeped in the tradition of the Barbershop genre.

Tickets
just
\$20

To purchase tickets visit

shellpoint.org/concerts or call (239) 454-2067

General Seating • Concert begins 7:30 p.m.

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.



©2015 Shell Point. All rights reserved. ACT-946-15

SUMMER AT CANTERBURY: REGISTRATION IS STILL OPEN!

Go to: www.canterburyfortmyers.org/SummerCamp



Summer is a great time to explore the resources that Canterbury School has to offer your child!

From Pre-K to grade 12, athletics to enrichment, Canterbury offers a wide variety of programs on our lovely Fort Myers campus during the summer weeks.

For more information, contact Carolyn Monteiro, Director of Summer Programs and Events, at 239-482-4323 ext 282, or cmonteiro@canterburyfortmyers.org.

Visit www.canterburyfortmyers.org and click on the Summer Programs button at the bottom, right-hand corner of the screen.

ATHLETICS. ACADEMICS AND DAY CAMPS...

CANTERBURY SCHOOL
EDUCATION • CHARACTER • LEADERSHIP • SERVICE



Benjamin Rhodes, Trevor Hall, Colton Gulotta and Payton McMahill

Tiger Cub Scouts Hands-On Training Held At Shell Point Television Studio

Tiger Cub Scouts from Cub Scout Pack 119 visited Shell Point Retirement Community's award-winning Shell Point Television (SPTV) studio for a hands-on learning experience about telecommunications on May 12.

The group of four scouts toured the SPTV facility and explored its numerous set designs, which are used to create a 30-minute, week-day television program for Shell Point residents.

During a one-on-one lesson with SPTV Technical Advisor Dan Philgreen, the scouts played cameraman and took turns operating a professional-grade camera. The group also practiced the role of news anchor by recording "from the desk" segments with the use of a teleprompter. Lastly, the scouts headed to the production room, reviewed their anchor footage, and learned how editing software is used to create a feature package.

"The scope of what Shell Point accomplishes with its television studio is impres-



Dan Philgreen trains Payton McMahill with one of the studio cameras



Tiger Cub Scouts used editing software with SPTV's Dan Philgreen

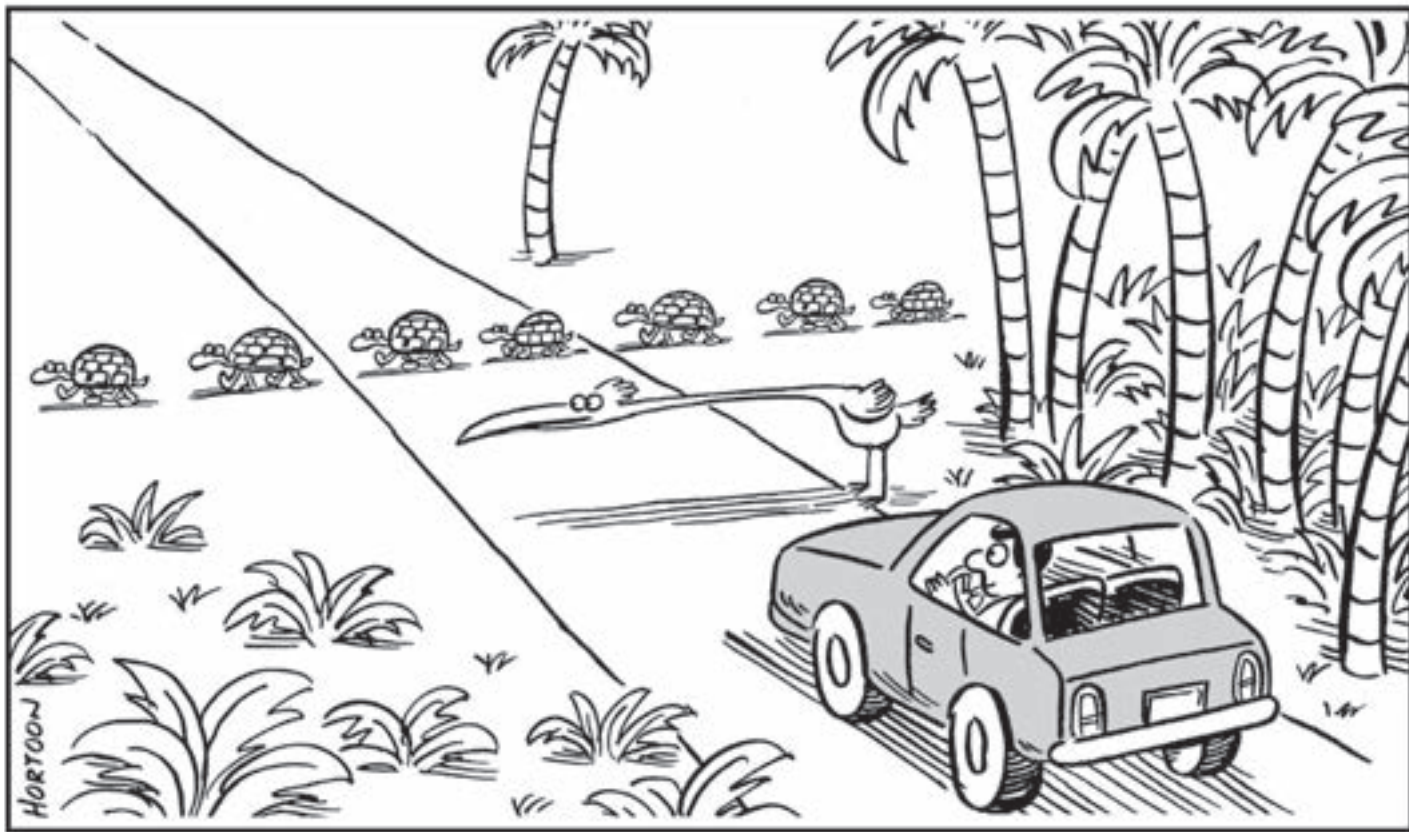


Trevor Hall practices TV anchor announcements



Benjamin Rhodes gets hands-on camera experience with Dan Philgreen

HORTOONS



sive. What a special opportunity for the boys to tour behind-the-scenes and observe how a TV show is made," said scout mother Christine Gulotta, who also works as program director at The Rehabilitation Center at Shell Point. "My son will be talking about this for weeks, and we appreciate Shell Point opening its studio and expertise to the Tiger Cub Scouts."

This "Go See It" field trip satisfied the final achievement required to complete the pack's Tiger Cub badge: learning how to communicate with others via television. As a result, all four scouts received their badges during a special advancement ceremony on May 31.

Established in 2005, SPTV creates content for Shell Point's own closed-circuit television network, which offers three channels to facilitate communication between the organization and its residents. A team of three technical experts write, shoot, edit, and produce the daily *Shell Point Today* show as well as other video productions to share with various audiences.

For more information, visit www.shell-point.org or call 1-800-780-1131.★

To advertise in
The River Weekly News
Call 415-7732

From page 1

Water Storage

Construction Division. "Now, the project is proving its potential to also provide water supply to the regional system, including flows needed to maintain healthy salinity levels in one of the region's vital waterways."

Water Supply

With Lake Okeechobee's level falling, the U.S. Army Corps of Engineers, which manages the lake, announced last week it was following its federal guidelines by reducing flows from the lake to the Caloosahatchee River and Estuary.

District engineers, in coordination with the Corps, determined water could be moved from Nicodemus Slough to the river to replace some of the decreased but needed water.

Water is currently moving by gravity through gates at the site at about 1.3 million gallons-an-hour, with potential to increase the water deliveries. From there, it follows a route through the C-19 Canal and into Lake Hicpochee, which will see some rehydration benefits, and into the river.

Operations at Nicodemus Slough will continue until it's no longer environmentally desirable or the water can no longer be delivered via gravity.

Water Storage

Located south of Fisheating Creek on the western bank of the lake, the Nicodemus Slough project was intended to provide interim water storage until projects such as the Caloosahatchee River (C-43) West Basin Storage Reservoir are completed. In a cooperative agreement with Lykes Brothers, the District is leasing the property for an investment of \$2 million a year for 8 years, with an option to extend the agreement.

The project can store an annual average of 34,000 acre-feet of water, or about 11 billion gallons.

In response to high water levels in Lake Okeechobee in January, the SFWMD began operation of Nicodemus Slough to capture some of the water being released by the Corps from the lake before it reached the river and estuary.

Full-capacity pumping sent water onto the 16,000-acre project area, utilizing four pumps moving more than 30,000 gallons of water each per minute.

Nicodemus Slough is one of multiple actions the SFWMD has taken to expand water storage opportunities. Since 2005, the District and a variety of partners worked together to enhance water storage opportunities on private and public lands through the agency's Dispersed Water Management Program.



Nicodemus Slough, located in Glades County

Approximately 87,000 acre-feet of water retention and storage has been made available in the greater Everglades system through the program, with the majority located in the Lake Okeechobee watershed. Nearly 100,000 acre-feet of additional storage, including six new projects approved in December 2014, are under development.

For more information, visit www.sfwmd.gov/movingwatersouth.

» a **LOVE THAT DRESS!** collection event!

YOU'RE INVITED TO
SUNSET
AT
SS HOOKERS
The Best Catch for Waterfront Dining

Thursday, June 11, 2015 • 5-8pm
17501 Harbour Point Drive, Fort Myers, FL 33908

FREE ADMISSION with donation of **new or gently loved dresses, shoes, accessories, handbags.**
\$10 admission without donation
+ receive ONE FREE DRINK ticket with admission

Selection of Hook, Line, and Sinker Appetizers, Cash Bar with proceeds from the Signature Cocktail going to **Pace Center for Girls, Lee**. Fabulous Raffle & Silent Auction Baskets, and exclusive Live Auction hosted by Mike Joyce & Gina Birch.

COMMITTEE MEMBERS: Sandy Stilwell, Nancy Finch, Cookie Douglas, Nicole Naumann, Samantha Baker, Mindi Goldberg, Sherry Feagens, Holly Olson, and Darlene Grossman

Flier design by: BOOST creative

Lee **pace** believing in girls

To advertise in
The River Weekly News
Call 415-7732





On Friday, June 5 from 6 to 10 p.m., **Art Walk** returns to downtown Fort Myers' historic River District.

For more information about Art Walk, call 337-5050 or go to www.fortmyersartwalk.com.



For more information, visit www.DanceSuzannes.com or call the studio at 822-9226. ❄️❄️

New York City



IL TESORO RISTORANTE

FINE ITALIAN CUISINE

inspired by Island Fare in a bistro style

VOTED "BEST CHEF"

BEST OF THE ISLANDS AWARD

TASTE OF THE ISLANDS
IRON CHEF WINNER

"Fresh ingredients, simplicity, love...
the recipe for a treasured dining experience"
— Chef/Owner AJ Black




751 Tarpon Bay Road
Sanibel Island, FL
Reservations Suggested
www.ilterosoronet.net • 239-395-4022

FORT MYERS FARE

Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's *River Weekly*

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 10 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.

ISLAND COW



Nervous Nellie's keeps it fresh and simple with its new Lite Menu. Pictured is the gourmet grilled vegetable panini, one of the fan-favorites from its regular menu

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of

Sanibel's only al fresco eating porches. 2163 Periwinkle Way, Sanibel. Call 472-0606.

NERVOUS NELLIE'S CRAZY WATERFRONT EATERY

Nervous Nellie's is a casual, family-fun restaurant that boasts a large selection of appetizers, fresh seafood, over-stuffed

sandwiches and entrées. Dine in air-conditioned comfort or outside on Nellie's expansive waterfront patio. Happy hour is all day. Grab a bite to eat or drink and swing to the beats of live reggae, rock and island music from the area's premier musical talent.

Just upstairs from Nellie's is Ugly's Waterside Bar, the place where everyone gets prettier, and happy hour is all day, every day.

Parking for your car or boat is free for patrons. The GPS coordinates are 26°27'23.41" N • 81°57'15.18" W.

1131 First Street, Fort Myers Beach at the Fort Myers Historic Seaport at Nervous Nellie's Marina. Call 463-8077.

SS HOOKERS

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort
continued on page 16

Tropical Outdoor Patio Seating



Fun "new" Moo Wear for all ages

We Proudly Brew



Sanibel's
Most
Award Winning
Restaurant

Come Try our NEW Cowlicious
Breakfast, Lunch & Dinner Specials

Get CRABBY At The Cow

WITH OUR FAMOUS STONE CRABS

1/2 lb & 1 lb. quantities • Appetizers & Full Dinners
"Best Prices On The Planet"

Always Fresh
...Always Fun!



Always Fresh
...Always!



Serving Breakfast, Lunch and Dinner 7 days a week.
Snacks In-between • Live Music! • Outdoor Seating

LIVE
MUSIC

2163 Periwinkle Way, Sanibel Island, FL 33957 • Ph: 239.472.0606 • www.SanibelIslandCow.com

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

Where diversity is treasured, 2756 McGregor Blvd, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop at 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Pre-sanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamemos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES

CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbic@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary. CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m. Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. 9 a.m. Contemporary Worship. 10:10 a.m. Sunday School. 11:15 a.m. Traditional Service. 5:30 p.m. Youth Group. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. Sunday Morning Service and Sunday School, 10:30 a.m.; Wednesday Evening Testimony Meeting, 5:30 p.m. Child care provided at all services. Visit our Reading Room for quiet study at: 2281 First Street, River District. www.time4thinkers.com, www.christiansciencefortmyers.com. www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9 a.m. Contemporary Worship; 10:10 a.m. Sunday School; 11:15 a.m. Traditional Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship: 10:30 a.m. Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

One of a few federated Lutheran (ELCA) and Episcopal Congregations in the nation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m. NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarkmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Meets at Fort Myers Beach Masonic Lodge. 17625 Pine Ridge Road, Fort Myers Beach 267-7400. Pastors Bruce Merton, Gail and RC Fleeman. Adult Discussion Classes 9 to 10 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. 267-7400. peacecommunitychurch.com. peace1265@aol.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Mon.-Thurs. 6:45 a.m.; Fri. 6:45 & 11 a.m.; Sat. 4 p.m.; Sun 6:45, 9:30 & 11 a.m., 12:15, 4 Creole & 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com. Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholas-monastery.org.

ST. VINCENT DE PAUL CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi. barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious

School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday. TEMPLE JUDEA (CONSERVATIVE) 14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:15 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. www.zionfm.org.✠

From page 1

Hibiscus Sale

amateur, collector, open collector, commercial and seedlings," explained Wanda Schmoyer, chapter president.

In addition, more than 600 hybrid hibiscus plants will be offered for sale. Free raffle tickets will be given away every 30 minutes for gift certificates from The Oasis Restaurant, Hooters, Outback Steakhouse, Salon Nicholas donated by Jane Kolczun, Gavin's Ace Hardware, Snyderman's Shoes, BandD Organics, Sandi Haimbaugh @ Hair Ink Studio, Imaginarium, Butterfly Estates, Pinchers Crab Shack, PGA Golf, Bennett's Fresh Roast, Eager Beaver Car Wash, The Spa @ La-Te-Da Salon, Edison/Ford Estates, Edison/Ford Estates Garden, Ruth Messmer Florist, Wisteria Tea Room, SPADA Salon & Day Spa, The Fussy Female, Tanger Outlets, Cip's Place, Natalies Skin Solutions and Baskets by Patricia.

This is the best opportunity South-west Floridians have to add to their



City Slicker

hybrid hibiscus collection. This delicate and beautiful plant grows abundantly in Florida's tropical climate. Members of the society who are experts in the care and growing of hibiscus will be available to provide advice. Should members of the public have questions regarding how the blooms are judged, there will also be several senior American Hibiscus Society



Imperial Dragon

judges available to respond.

Anyone who desires to learn more about how to grow, graft and hybridize this attractive tropical flowering plant can do so by joining the James E. Hendry Chapter, AHS at the show.

The show is the highlight of the year for the society and no further meetings will take place until they resume in Octo-



High Definition

ber. The society meets at The Salvation Army Building, located at 10291 McGregor Blvd. in Fort Myers on the second Sunday of each month at 1:30 p.m. Anyone interested in joining is cordially invited to attend the next meeting on Sunday, October 11. For more information, visit www.hendrychapterahs.com.✱

Share your community news with us.
Call 415-7732, Fax: 415-7702
or email press@riverweekly.com



12695 MCGREGOR BLVD #3, FORT MYERS
(239) 292-6460

Antiques • Vintage Furniture •
Sea Art • Mary Alice Hadley Pottery •
Original Hand-Painted Designs
• Coastal Vintage Living

TUE - SAT 11 AM - 5 PM

(Behind the Buddha)

What to Look for When Comparing Assisted Living?

Thursday, June 11, 2015 at 10:00 a.m.

You and a guest are invited to attend a free assisted living presentation. Join McKenzie Millis, Shell Point's assisted living expert, for an informational seminar that will educate you on the differences in assisted living facilities, licensures, and tips for how to begin the search. Each presentation attendee will leave with a worksheet to use when comparing assisted living options.

This program is free, but registration is required by calling:

(239) 454-2077

13901 Shell Point Plaza • Fort Myers, Florida 33908 • www.shellpoint.org

The Springs Assisted Living is part of Shell Point's Integrated Healthcare System. Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation, Inc.



THE
SPRINGS
AT SHELL POINT

Frustrating Days Of Beach Tarpon Fishing



by Capt. Matt Mitchell

So here is the set up: you're anchored up right in the tarpon highway just out from the beach. Every 20 to 30 minutes, rolling pods of tarpon come by in casting range, often

giving you plenty of time to make what looks like the perfect shot that they just cannot refuse, but they do! You make this same presentation time and time again with a variety of different baits and they just will not eat. The rolling tarpon even scratch their back on your float as they flip you off. Basically, that was the week of tarpon fishing. The only thing that could have made this worse was if everyone else around you was hooking fish, but that was just not the case.

The majority of our tarpon seemed to be out on the beaches where they are seeing lots of angler pressure. Often the boats that are tarpon fishing are lined up for several miles on this freeway of fish. With stirred up dirty water throughout most of the sound, this has been the only option to tarpon fish. Even after moving away from the crowds and finding small groups of fish on the beaches, it's been incredibly hard to get these fish to cooperate.

Shark fishing this week was a good option although many of the usual shark spots in the sound seem pretty shark free. Areas close to the gulf just inside of Captiva and Redfish passes were just loaded up with hungry sharks. Chunks of fresh cut mullet drifted back in the fast moving current did not last long before the rods doubled and drags screamed. The action on blacktips and small bull sharks up to about four feet was amazing and a very refreshing change after a week of tarpon tears. These sharks are very sporty to catch on spinning tackle and just seem to make everyone happy. Heavy mono leader and a circle hook, and you're in business.

Catch and release snook action in the passes continues to go off with the bite

finally starting to make that summertime switch over to pinfish and grunts from shiners. More and more snook are being caught out on the beaches too as they have now started to or are very close to the annual spawn. Any blow downs, docks or rocks anywhere from the passes out along the beaches have snook on them right now and should for the next few months. Try to handle these fish as little as possible and take care of this valuable resource.

Redfish action has been slow for some reason with only a few fish caught here and there. Fishing the northern sound one day this week, I was hoping for better results than I have been getting down south. On a near perfect high water set-up day, I fished many of my favorite redfish spots on both live and cut baits without catching a single redfish before giving up and switching species. The water in the northern sound just has lots of floating grass, making it hard to fish up under the trees. For some reason, the water from the mouth of the river to up past the powerlines is much cleaner which just does not make sense to me now that our summertime rains have started. I think a lot of the stirred up water thing is due to the amount of bait shrimp boats dragging at night.

Mangrove snapper have been my go-to meat fish for the past few weeks, with good sized snapper feeding well on shiners in the mangrove creeks and chan-



Good sized mangrove snapper are being caught in mangrove creek systems

nels. As our water temperature continues to creep up, the average size of these snapper just keeps getting better and better. With the water often very clear in these mangrove creek systems, the lighter the leader and the smaller the hook, the more bites you get. These fish have very good eyesight and can be a real challenge to catch in clear water.

It's good that we are finally seeing a few tarpon starting to move back into the southern end of the sound. Until the water in the northern end of the sound clears up, I just don't expect to locate many in this area. Channel edges just inside the passes are a good option for tarpon fishing as the water is a little cleaner on the incoming tide. My tarpon fishing plan this week is to hopefully spend more time fishing and less time running and avoiding the "lock jaw" stubborn beach variety of tarpon we are dealing with.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *River Weekly*, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

CLEAR YOUR GEAR It Catches More Than Fish



Fishing gear can kill
birds, reptiles
and mammals



BOAT RENTALS

Fishing • Cabbage Key
Dolphin Watching
Captains Available

472-5800
Jensen's Marina
Captiva Island

ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE
SUZUKI – YAMAHA – OMC – I/O'S – MERCURUISER

*Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life*

472-3380 • 466-3344



Dave Doane



**Your Bottom
Specialist
Call on Paint Prices**

CROW Case Of The Week:

Fuzzy Baby Owl



by Patricia Molloy

As spring turns into summer, many of the patients that arrived at CROW as defenseless babies are ready to fend for themselves.

When patient #15-1069 was delivered to CROW five weeks ago, he was a tiny eastern screech owllet covered in a grayish, fuzzy down. Upon presentation, he was found to be, overall, in good health and did not have any broken bones or bruises. While it was unknown if the little tyke had been abandoned, orphaned or abducted, one thing was certain: without parents to provide him with food and protection, he could not survive on his own. A large, quiet cage in the wildlife clinic's ICU was prepared for the owllet's stay.

Ranging in size from approximately six to 10 inches, eastern screech owls (*Megascops asio*) are one of the smallest species of owls in the world. Strictly nocturnal hunters, they are difficult to detect during daylight hours – despite sometimes living in suburban areas – due to their habit of occupying old woodpecker holes and natural cavities of trees.

"The little owllet was still fuzzy (upon

arrival). He had been doing pretty good with the tong-feedings; we just offered him pieces and he'd take them well," said Dr. Brittany. "Then he (suddenly) decided that he didn't want to do that, so he had to be force-fed. But he's still bright and alert."

In the wild, eastern screech owls will consume up to one-third of their body weight in a single night. In order to keep the baby at a healthy weight, CROW fed the owllet several times per day, an expensive endeavor for the non-profit hospital. As a practitioner of the One Health Initiative, Dr. Heather is committed to doing whatever it takes to save these remarkable birds of prey because they do so much to control the island's insect and rodent populations.

After one month inside the clinic, the owl was obviously in need of a larger space. "He runs around (in his cage), hides from you, and clucks," said Dr. Brittany with a chuckle. The energetic bird was moved to an outdoor enclosure where he had enough space to begin flying lessons. Once his flight capabilities are on par with other owllets his age, Dr. Heather will arrange for his release.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org. ❄



This photo of the eastern screech owllet, patient #15-1069, was taken mere days after his arrival when he was covered with fuzzy, grayish down



Fried mullet fingers
Fisherman's Paradise:

courtesy of Chef Justin Timineri, CEC, Fresh from Florida

The Mighty Mullet



by Cynthia A. Williams

Berry C. Williams (1915 to 1976) was something of a legend as a fisherman in the waters off Fort Myers in the 1950s and early 1960s.

Reproduced for you here are chap-

ters from his unfinished *Fisherman's Paradise*, an account of his fishing adventures that are often hilarious and always instructional. It is presented by Williams' daughter, Cynthia Williams, a freelance writer and editor living in Bokeelia on Pine Island.

Chapter X Part III

Last week, Berry was relating some of the theories as to why mullet jump. Whatever the reason, he knows when they will jump for certain.

That's when a dolphin or two plows into their midst, savagely bent upon feeding on them. I've seen 400-pound dolphins plow through a mud flat in water

continued on page 14

RIVER CRUISE

DAILY DEPARTURES
10:30 AM, 12:30 PM, 2:30 PM,
4:30 PM & Sunset

Birds and wildlife sightings vary with seasons.

NEW!
Boat Rentals & Fishing Charters!
Call us today for details.

EVENTS

SATURDAY, JUNE 13

EcoCruise to Picnic Island
8:00 am - 11:30 am

Eco-adventure for all ages. Enjoy a narrated cruise along the Caloosahatchee and walking tour on Picnic Island with our Captain, also a Master Naturalist. Reservations Required. **Cost: \$39 per person**

CELEBRATE JULY 4TH

Fireworks Cruise

Enjoy a scenic river cruise plus front row seats for the fireworks! Reservations required. **Cost: \$44 /person**

VIP Fireworks Cruise

An unforgettable private cruise with up to six of your closest family and friends. Relax and see the fireworks. Reservations required. **Cost: \$344**

FOLLOW US: [GoPureFL](http://GoPureFL.com)

For more information and to reserve your cruise please contact:

www.PureFortMyers.com (239) 919-2965

Docked at The Marina at Edison Ford | 2360 W. 1st Street, Fort Myers, FL 33901



Queen of flowers is native to India and a relative of crape myrtle photos by Gerri Reaves

Plant Smart Queen Of Flowers

by Gerri Reaves

Springtime in South Florida brings spectacular floral displays, many of them from non-native flowering trees such as the Royal poinciana. Another stunning bloomer, although less common, is queen of flowers (*Lagerstroemia speciosa*). This fast-growing deciduous tree called

jarool in its native India has many common names, including queen's crape myrtle, queen flower, queen lagar, June rose and pride of India. The crinkly flowers range in color from mauve to pink and appear in pyramidal clusters. They are two to three inches across and have six petals with many filaments at the center. Even the woody oval fruit is attractive. When mature, it splits to release the seed. The tree grows to 40 feet tall or higher, with a wide rounded crown and dark-green coarse leaves. The oblong or ovate leaves are up to a foot long, and the bark



Showy flowers appear in springtime and summer

mottled and peeling. It not only has pretty flowers, but the tough wood is useful in boat building. The roots, seeds, bark and leaves have medicinal uses. This tree prefers full sun to partial shade, tolerates a variety of soils, but must have good drainage. For all its beauty, this species has drawbacks. It offers little benefit to wildlife, is bare part of the year and is somewhat messy. To attract and benefit wildlife as well as enjoy showy flowers in your landscape, consider planting native species such as

Geiger tree (*Cordia sebestena*), Jamaica capertree (*Capparis flexuosa*) or sweet bay magnolia (*Magnolia virginiana*). Sources: edis.ifas.ufl.edu; *500 Plants of South Florida* by Julia F. Morton; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Strasau; *Florida Trees and Palms* by Lewis S. Maxwell et al.; *Tropical Blossoms of the Caribbean* by Dorothy and Bob Hargreaves; and edis.ifas.ufl.edu. *Plant Smart explores the diverse flora of South Florida.*✽

From page 13 The Mighty Mullet

only a foot deep to reach a school of mullet. Anyone who has fished in Florida can tell you that the mullet is not a game fish, but in the next breath they're quick to add that it's about the best food fish in the state, not only for humans but also for other fish. Perhaps no other fish is so widely used for bait. Nearly all game fish

will strike a mullet. Tarpon find it especially savory. I often use it for bait for Goliath Grouper. Whenever I hear anyone say you can't catch mullet with a hook, I shake my head and say under my breath, "The heck you preach." Actually, it's simple to do. Just find some calm water where mullet are feeding and quietly sit there until the mullet become used to your presence. Then fix an almost invisible hair hook on a very fine monofilament line. Bait this hook with a tiny dab of hulled

shrimp, skinned-on red worm, or hard, smelly dough ball. Put a lead shot on the line whatever distance from the hook the depth of the water is. Gently flip this rig twenty or thirty feet into the water and sit back and wait. I know mullet are vegetarians, but they'll take this type of miniscule bait. I've caught fifty a night fishing for them this way. Of course, I've lost a lot of lines, because I had to use tiny test lines in order to fool the fish, and I had to play them in gently. If a three or four-pound bruiser happened to take my bait, I usually lost both line and fish. However, I manage to land a pretty good average of those that bite, especially when I use a long-handled net to sack them up. Whoever wants to argue that mullet can't be hooked, should give this method a try. He'll end up agreeing that not only is mullet good food and bait, it's also a good sport fish. To be continued next week...✽

ens this family-friendly celebration by offering license-free saltwater fishing opportunities to residents and tourists during the first weekend (June 6 and 7) and follows up with license-free freshwater fishing the following weekend (June 13 and 14). In Florida, the "Fishing Capital of the World," the number of anglers and their importance to the state is amazing. Florida's Statewide Comprehensive Outdoor Recreation Plan indicates that 46 percent of residents fish. In addition, 22 percent of tourists said they fish while here. The last time national statistics were compiled in 2011, Florida attracted 1.2 million nonresident anglers, whereas the next highest state brought in less than a third that many. So there is little wonder why Visit Florida, the state tourism agency, also designates June as Fishing Month.

The Florida largemouth bass remains the most popular freshwater fish in North America. Each year, anglers spend more than 14 million days fishing for black bass just in Florida. Besides the memories generated by the fun and camaraderie involved in those trips, a lot of catching has been documented, and not just your run-of-the-mill couple-pound bass. In the past two years, TrophyCatch has recorded more than 2,000 bass over eight pounds that were caught, documented and released to help FWC with thiscitizen-science, conservation program. Each verified catch earned a lucky angler at least \$100 in Bass Pro Shop or similar gift cards, a Bass King shirt, other

continued on page 16

5.15 ACRES - OPEN HOUSE SUNDAY, JUNE 7 • 12-4PM 16020 Cook Road • Fort Myers (off Iona Rd)



Main home built 2006, 3 Bed + den, 2 Baths, Tropical Pool, Gazebo, Organic Garden, 10 Minutes from Sanibel

Historic Cottage, 2 Bed, 1 Bath, Working Barn, Bring your Dogs, Cats, & Horses, Totally Fenced



THE FISCHER GROUP
ROGER STENING 239-770-4707
and ZACH FISCHER 239-777-7500
TO VIEW HD VIDEO GO TO
www.facebook.com/TheFischerGroup



Time To Reconsider Bass Fishing

National Fishing and Boating Week celebrates popular and traditional outdoor activities that families turn to during summer vacations. It takes place the first full week of June every year. This year it's June 6 to 14, so visit TakeMeFishing.org to see what opportunities might be available near you. The Florida Fish and Wildlife Conservation Commission (FWC) sweet-

National Trails Day Kicks Off Free Summer Programs At The Refuge



Complete the Animal Olympics Challenge on the refuge's Indigo Trail to become eligible for a prize drawing

National Trails Day on Saturday, June 6 kicks off the free summer programs calendar at the JN "Ding" Darling National Wildlife Refuge on Sanibel Island, with special activities held from 9 a.m. to 4 p.m.

National Trails Day will feature specially scheduled hikes on Indigo Trail and the Wildlife Education Boardwalk plus Reading in the Refuge and Animal Tracking 101 in the Visitor & Education Center, and Animal Olympics on Indigo Trail. Participants who complete the Animal Olympics Challenge and return the sheet to the "Ding" Darling Visitor & Education Center are eligible to win a prize.

Bi-weekly family nature films and weekly walks and nature crafts highlight the free summer programs schedule to be offered through August 9.

Films for the family will show on every other Sunday in the Visitor & Education Center. Dates include June 7 and 21; July 5 and 19; and August 2. Titles will include *The Lorax* and *Turtle: The Incredible Journey*. For a complete schedule, visit dingdarlingsociety.org/summer-films.

Other summer programs include Family Beach Walks, Indigo Trail Walks and Reading in the Refuge craft activities. No pre-registration is necessary. For a full schedule with descriptions, visit www.dingdarlingsociety.org/summer-programming.

Summer programming is made possible by support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566 or director@dingdarlingsociety.org.

Pure Fort Myers Offering Marine Science Field Trips

Parents and children looking to explore the world of marine biology now have a unique opportunity through a hands-on, marine science cruise that offers an engaging experience in a natural setting. Pure Fort Myers will offer marine science field trips for children in first through seventh grade. Adventuring out to the Caloosahatchee, students will work in groups, testing water quality and participating in other activities. The program encourages teamwork, critical thinking, problem solving and creativity.

Trips will depart from Four Freedoms Park at Bimini Basin and take place on June 16 and 25, July 13 and 19, and August 11 and 19. Children must be accompanied by an adult. Cost for adults and children are \$15 per person for residents and \$23 for non-residents.

The partnership with Cape Coral Parks and Recreation is the first relationship of Pure Florida's newest venture, Pure Education. Pure Education will bring residents and visitors closer to Southwest Florida's ecology and wildlife through educational experiences.

"We are ideally situated to educate the public on Southwest Florida's greatest asset – water and the maritime environment," said Harry Julian, owner of the Pure Florida Group. "Through these marine science cruises, we will introduce tomorrow's generation to our ecosystem and the challenges it faces today."

Parents can contact Four Freedom Park at 574-0804 or visit CapeParks.com to make a reservation. For more information on Pure Fort Myers and its cruises, visit PureFortMyers.com.

Synergy

Alex and Ani (+) ENERGY

MADE IN AMERICA WITH LOVE

Sanibel's only positively authorized dealer!

Synergy Tahitian Gardens • 1981 Periwinkle Way, Sanibel • 239-395-5353

NAUMANN LAW

P.A.

ATTORNEYS AT LAW

Seller, you can choose your title company!
We will meet or beat any Title Quote.

We provide the personal attention and service that you deserve!

Located across from Gulf Harbour
15065 McGregor Blvd, Ste 104, Fort Myers
Phone: 239.267.9000 • Fax: 239.267.9300
Online: www.NaumannLawPA.com and www.RealtyClosings.com

Meet our Closing Team: Nicole Naumann and Samantha Baker

Tropical Fabrics
Novelty Yarn
Quilting
Notions
Beads

Scrapbook Papers
Children's Crafts
Art Supplies
Shell Crafts
Gifts

Open Monday-Saturday at 10am
www.threecraftyladies.com

Find us on

Ask about our Sewing Machine Rental Program!

STOP IN ON THURSDAY'S FOR OUR MAKE-IT-AND-TAKE-IT BEAD BRACELET ACTIVITY!

1628 Periwinkle Way • 472-2893 • Heart of the Islands, Sanibel

From page 1

Matters Of The Heart Exhibit



Panel Heart by Pamela Larkin Caruso

and judged and the winning pieces for Best in Show and Berne’s Choice will be announced at the opening reception on June 5 at 7:30 p.m. The People’s Choice winner will be announced on Friday, June 19 at 8 p.m. during Music Walk.

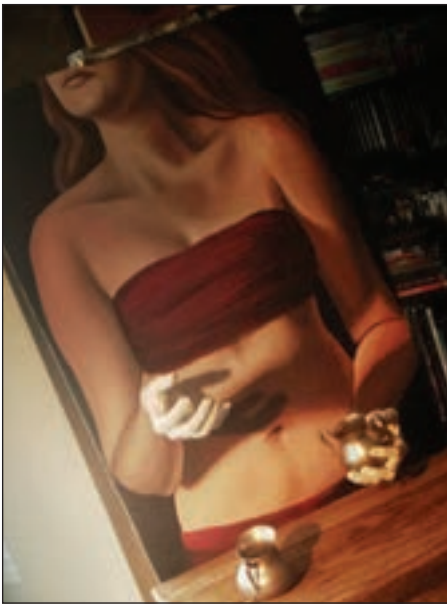
Meet some of the exhibiting artists during the opening and join a walk-and-talk during Art Talk Tuesday, on June 9. See what inspires and evokes the artists to create.

Art Walk, is held on the first Fridays of the month from 6 to 10 p.m., features opening art exhibitions, live artist demos and offers fun shopping and delicious dining in the historic River District.

The Art Of The Heart exhibition will be on display until June 25. For more information, visit sbdac.com.✧



Right Through The Heart by Helen Gerro



Manifestation, a work in progress photo and sketch by Danielle Branchaud

From page 5

Scholarships

or graduate degree.

- The Former Graduate of Everglades City Scholarship provides high-school seniors who are full-time residents of Everglades City a scholarship renewable up to four years.
- The Lee County Library Sciences Scholarship Fund for \$1,250 will provide scholarships for Lee County residents pursuing a bachelor’s or master’s degree in library science. Eligibility requirements call for the students to have completed at least 60 semester hours, have at least a B average and be able to provide 120 hours of service, paid or unpaid, to Lee County Library System while pursuing the degree or immediately following degree completion.

For more information about the Southwest Florida Community Foundation, call 274-5900 or visit [\[acomunity.com\]\(http://acomunity.com\). To view a complete list of the scholarship recipients, visit <http://floridacomunity.com/2015scholars/>.✧](http://www.florid-</p>
</div><div data-bbox=)

From page 9

Fort Myers Fare

Myers. Call 466-4377.

SUNSHINE GRILLE

Sunshine Grille serves all of your favorite dishes for lunch and dinner. In addition to its previous menu, the restaurant is also serving gourmet flat breads prepared in a wood-fired oven with fresh oak. Wood-fired steaks fill out the menu, including a ribeye and a porterhouse, to go along with the famous wood-fired filet mignon.

Happy hour and live music are featured daily.

8700 Gladiolus Drive, Fort Myers. Call 489-2233.✧

From page 14

Bass Fishing

rewards and a certificate for their accomplishment.

Sign up for free at TrophyCatch-Florida.com to earn a chance to win a Phoenix bass boat package. While on the site, explore the photo gallery and search for catches by water body, county, angler or size class.

This quality fishing success does not happen without both great resources and responsible management. One example of this is the Black Bass Management Plan (go to MyFWC.com/Fishing then select “Freshwater” and “Black Bass Management”). This plan guides and informs many of the FWC’s freshwater fisheries programs.

“Our anglers helped develop the BBMP, and we are dedicated to implementing the plan the right way,” said Tom Champeau, director of the Division of Freshwater Fisheries Management.

In Florida, black bass include largemouth, spotted, shoal, Suwannee and Choctaw basses. The largemouth bass is the most abundant and the only one that grows heavier than eight pounds. The other species reside primarily in the Florida Panhandle and seldom exceed 4 pounds.

New black bass regulations are being proposed as a follow-up to the BBMP to provide optimal sustainable use of Florida’s bass fisheries, with an emphasis on production of high quality and trophy bass. Following a review of data from Florida lakes managed under special regulations and studies of bass regulations across the nation, FWC staff in collaboration with university researchers and public input developed an innovative proposal for consideration.

The FWC obtained opinions from

nearly 8,000 anglers representing diverse fishing preferences. Based on biological realities and anglers’ preferences, the FWC developed a draft proposal (see bit.ly/BassRegs for updates and to add your opinion to both the overall Black Bass Regulations and the Other Riverine Black Bass Regulation Survey.)

“I think it’s the most progressive regulation for black bass in the USA,” said Mike Allen, professor of Fisheries and Aquatic Sciences at the University of Florida.

The draft proposal will be considered during the regularly scheduled FWC meeting June 23 to 25 in Sarasota and, if approved by the Commissioners, could be implemented next year (July 2016).

Suggested regulations would be simplified by removing fishing zones and many special regulations or specific Fish Management Area rules for black bass. The following would become the general statewide rule: A five-fish daily aggregate black bass bag limit. For largemouth bass: Only one could be 16 inches or longer in total length per angler per day, with no minimum size. For Suwannee, shoal, Choctaw and spotted basses, there would be a 12-inch minimum size limit, and only one could be 16 inches or longer in total length. In addition, a catch-and-release-only zone for shoal bass in the Chipola River between Peacock Bridge and Johnny Boy Landing will be considered.

Grab a friend and get out on the water to de-stress, connect with nature and have a good ole time. Whether you are in a boat or fishing from shore, always use common sense to remain safe. Find boating safety rules and advice at MyFWC.com/Boating (select “Safety & Education”). You probably will not even realize you are also burning calories, getting exercise and supporting conservation, especially when that next fish busts your lure.✧

AppleJuice

iPhone Camera Tips



by Carol Rooksby Weidlich, President, SWACKS

To quickly launch your camera from a locked screen, swipe up on the camera icon in the lower right hand corner of the home screen.

Sometimes when

taking a picture it’s hard to snap your photo by touching the capture button. Instead you can use either of the volume buttons on the side of your iPhone/iPad.

Here’s an easy way to take a selfie. Attach your ear buds to your iPhone. To take photos, just click the volume up (+) button on the remote. If you’re taking a selfie video, use the middle button (play/pause) on your remote.

If you want to take multiple photos at one time, use “Burst Mode” by holding down the capture button and it will take 10 photos at a time.

After taking a photo, most of us view it by taping the preview window and then the “Done” button to take another photo. Another option to return to the camera is to press your volume button either up or down. This will also work for your iPad and/or iPod.

If you want to view your photos by the location you taken them, open your photos app and you’ll see the various photo albums you have. At the bottom of the screen, tap the photos icon, which opens a screen showing you where your photos were taken. If you don’t see any locations listed, go to “Settings” > “Privacy”> “Location Services” and using the arrow on the right of Location Services, change the option to “On.”

The camera shutter sound cannot be disabled, but you can mute the sound system by using your volume buttons.

Workshops are held the second Tuesday of each month from 1 to 3 p.m., and meetings on the fourth Tuesday of each month from 7 to 9 p.m., with the exception of July and August, at Zion Lutheran Church, 7401 Winkler Road in Fort Myers.

For more information on the South West Florida Apple Computer Knowledge Society (SWACKS), visit www.swacks.org.✧

Rally For Our Waters Held At The Alliance

submitted by Sandy Teger

Dave Waks and I attended last Saturday's Rally for Our Waters at the Alliance for the Arts. The rallying cry was "Finish the Job" which was chanted loudly by approximately 200 attendees, including Sanibel residents. Many carried signs that said "Protect Our Waters," "Finish the Job," and "Fund Water and Land Conservation."

The message was directed toward the Florida Legislature which will convene for a special session in Tallahassee on June 1 to pass the state budget and decide how to spend Amendment 1 funds. One speaker after another emphasized the voters "to do" list:

- Fund Florida Forever and acquire the land south of Lake Okeechobee
- Fund Everglades restoration

Attendees and speakers from Florida's Water and Land Legacy, SCCF, DCI, COTI, the Audubon Society, the Sierra Club, and the League of Women Voters emphasized that 75 percent of Florida Voters supported these goals by voting in favor of Amendment 1. The underlying message was clear: If our legislators don't listen to the will of the people now, the people will hold them accountable in the next election.



Gillian and David Bath display their signs at the rally

Ray Judah, who has worked tirelessly on behalf of this cause, told the crowd not to give up. Several speakers expressed the hope that state elected officials – Florida Governor Rick Scott, our Florida senators, and members of the House of Representatives – will stop the current game playing and show leadership. This is not "just" about the environment, it concerns our economy and the quality of life of our citizens.✱



Ray Judah

ANTIQUES AND MEMORIES

Antiques ♡ Collectibles ♡ Glass ♡ Toys ♡
Crystal ♡ Pottery ♡ Furniture ♡ Mid-Century
♡ Primitives ♡ Linens ♡ Art ♡ and More!

1788
FOWLER STREET
DOWNTOWN FORT MYERS

call 239-226-1992

JOHN NAUMANN & ASSOCIATES real estate

Serving Sanibel, Captiva & Southwest Florida Since 1975

<p>15133 CAPTIVA DR • Classic Island Bayfront Home • Elevator, Heated Pool & Spa • T Dock and 16,000lb Boat Lift • Breathtaking Waterfront Views \$3,695,000 LeAnne Taylor Suarez 239-872-1632</p>	<p>3145 WEST GULF DR. 201 • 3BR/3BA Gulf Front Seascape Condo • Nestled On Luxurious West Gulf Drive • Large Living Area With Open Wide Views • Community Pool, Tennis & Deeded Beach Access \$1,795,000 Tracy Walters 239-994-7975</p>	<p>547 N YACHTSMAN DR • East End 4BR/3BA Piling Home • Private & Well Maintained • Located Steps from Sanibel Marina • Community Tennis & Pool \$935,000 Tony Dibiasse 239-839-4987</p>	<p>625 NERITA ST 2C • 2BR/2BA Direct Gulf Front Condo • Completely Remodeled & Never Rented • Community Pool & Tennis Court • Great Investment or Rental Property \$729,000 Kasey Albright 239-850-7602</p>
<p>1593 SAND CASTLE • 3BR/2+BA Dunes Golf & Tennis Club Home • Meticulously Maintained With Custom Details • Sweeping Views From Living & Dining Areas • Semi Private Pool, Golf & Tennis \$529,000 Tracy Walters 239-994-7975</p>	<p>2933 WULFERT RD • Beautiful Residential Lot In The Sanctuary • Direct Western Exposure • Spectacular Lake Views • Sanibel's Only Private Golf & Country Club \$399,000 Toby Tolp 239-848-0433</p>	<p>3111 TENNIS VILLAS • South Seas Island Resort • 1 BR/1BA Furnished Villa • Extended Screened Lanai • Short Walk to the Beach and Shops \$255,500 LeAnne Taylor Suarez 239-872-1632</p>	<p>15051 PUNTA RASSA RD 220 • Sanibel Harbour Yacht Club Dockominium • Nice Size Slip 10X12X45 • Minutes to the Gulf of Mexico • Unlimited Launchings & No Tipping Policy \$95,000 Marianne Stewart 239-560-6420</p>

1149 PERIWINKLE WAY • SANIBEL 239.472.0176 • 11509 ANDY ROSSE LANE • CAPTIVA 239.472.1395
VISIT WWW.JNAREALESTATE.COM TO VIEW ALL AVAILABLE PROPERTIES

The Church Ladies Are Back



by Di Saggau

Church Basement Ladies is cooking up lots of laughs at Broadway Palm Dinner Theatre. This popular musical follows four ladies who work in a small country Lutheran

church in Minnesota. There's Vivian (Jennie Hollander), the senior matriarch of the group. She doesn't like change, is skeptical of Catholics (in a humorous way) and heaven forbid anyone follow the lead of folks who live in Minneapolis or St. Paul. Mavis (Shannon Connolly) is a hard working gal with perpetual hot flashes. This leads to some rather hysterical laugh out loud scenes. Karin (Alison Nusbaum) is the proud mother of Signe (Sarah Cammarata), her college age daughter. On Karin's wedding day, both Mom and daughter fall to pieces for a few minutes then regain their composure.

Adding to this cast is one lone male, Pastor Gunderson (Victor Legarreta), always a favorite on stage and always doing such a great job. His work is cut out for him as he deals with the ladies who run the kitchen. They are planning



The cast of Church Basement Ladies

a church supper for around 200 people and that means 50 pounds of lutefisk, 50 pounds of butter and 50 pounds of everything else on the menu. Some of it is stored in the back of a pickup truck, known as a Minnesota refrigerator.

The cast all have fine voices and lend credence to their characters. The musical numbers are fun to hear even though you won't be going home humming them

to yourself. I especially loved Legarreta's *Song For Willie*, a beautiful eulogy to a church handyman. There are some silly songs and some thoughtful songs, and all are a lot of fun to hear. The show is a tribute to the gals who work in the kitchens of all churches. You will probably recognize some of them. You have to love a show like this that brings smiles to everyone in the audience.

Church Basement Ladies plays through July 4 at Broadway Palm. Tickets can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com, or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers. ✨

2015 Festival Of Dance Merges The Classics With Contemporary Dance



Carla Amâncio during a performance for Dance Alive

Dance Bochette and its affiliated nonprofit, Gulfcoast Dance, Inc., will whisk viewers back to a time of magic and fairy tales, back even further in history to honor our ancient roots and return them to more familiar settings at this year's Festival of Dance, to be held on Wednesday, June 10 at Bishop Verot High School's Anderson Theater. Performances begin at 7 p.m.

Headlining the show are excerpts from ballet favorite *Sleeping Beauty*, featuring local dancers as well as professionals from the Gainesville-based Dance Alive National Ballet. Enjoy Tchaikovsky's familiar score, the classic "Fairy" variations by choreographer Marius Petipa (1818-1910), an eclectic cast of wedding guests – and Aurora her-



Dance Bochette ballerinas

self, Dance Alive principal Carla Amâncio, joined by Dance Alive guest artist Norbert Nirewicz. Amâncio and Nirewicz will also perform the athletic *Spring Waters pas de deux* to the music of Rachmaninoff.

Area master tap teacher Ron Fucci draws inspiration from B.B. King in his piece *Choo-Choo Ch'boogie* and from Kander and Ebb's hit *Cabaret* in *Sitting Pretty*. Dance Bochette co-director Alyce Bochette, a former member of the Mark Morris Dance Group, highlights her modern dance expertise with a trio of dances to Mendelssohn's *Songs Without Words*, as well as choreography celebrating our ancestors to Broadway's *The Lion King* and the work of Kenyan singer Ayub Ogada and violinist Gavyn Wright titled *Tree*.

Founded by Jeanne Bochette in 1951, Dance Bochette continues to innovate each year while celebrating its roots as Fort Myers' historic dance school. The studio today welcomes its third generation of dancers, in some cases educating the children and grandchildren of one-time students.

General seating for the Festival of Dance is \$15, available at the door. For more information, call 334-3274 or visit www.dancebochette.com. ✨

LCBA Elevates Professionalism Among The Legal Community



Judges Keith Kyle, Alane Laboda and Michael McHugh participated in a Professionalism and Ethics panel with Bill Merchant, Esq. and Anne Dalton, Esq., co-chairs of the LCBA's Alternative Dispute Resolution practice section photos courtesy of Jim Jeff Photography

While sensational headlines trumpet the moral failings of a few bad actors among the legal profession, the Lee County Bar Association has served as an exemplar of integrity for lawyers and the community of Southwest Florida since 1949. The non-profit organization has recently grown to nearly 800 judges and attorneys, and President Anne Dalton, Esq. has declared 2015 the Year of Professionalism and Ethics.

The LCBA has expanded its already robust roster of educational opportunities, community outreach and service projects, its Lawyer Referral Service matching citizens with vetted attorney members, and much more to promote its mission "to further the education of its members, to create meaningful interaction among its members, and to inform the community on important legal matters."

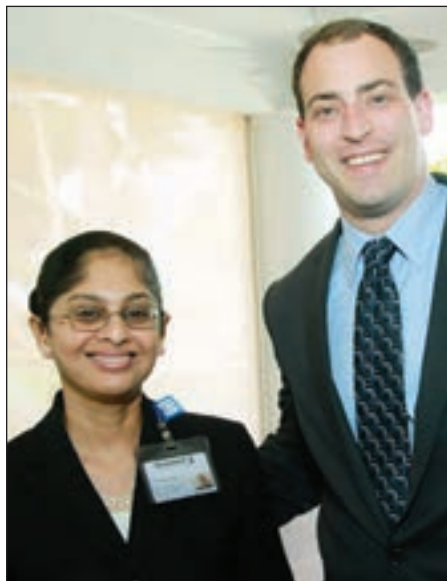
Chief Judge Jay B. Rosman has asked all judges and attorneys in the Twentieth Judicial Circuit to be involved in professionalism issues. In taking up his charge at the beginning of her term in January, Dalton announced a yearlong schedule of Continuing Legal Education (CLE) credits intensively focused on professionalism and ethics. A number of CLEs are required of all practicing attorneys by The Florida Bar, the statewide professional and regulatory organization for lawyers. Of those required CLEs, a portion must be focused on professionalism and ethics.

"In scheduling a wealth of CLEs on these subjects, with discussions and tips from local Judges and seasoned practitioners who address these issues every day, we are giving real value to our membership," Dalton said.

These dynamic CLEs are affordable and presented at locations convenient for members, and have included topics such as Practice Pointers From The Judges' Perspective and Ethics In Depositions: When Opposing Counsel Behaves Badly. Lee Circuit Judge Margaret Steinbeck recently presented the LCBA's first-ever Continuing Judicial Education offering, Bench/Bar Relations: Ethics For Judges and Lawyers.

The LCBA's monthly magazine, *Res Gestae*, also provides members with timely information, with guest columnists reporting on professionalism and ethics on a monthly basis and former Florida Bar Counsel Henry Lee Paul contributing in the regular *Ethically Speaking* column. In addition, practice sections – which are composed of LCBA members involved or interested in a specific area of law – provide excellent opportunities for members to enjoy education, networking and the collegiality that Lee County lawyers have become known for across the state.

The LCBA's Lawyer Referral Service (LRS) is an excellent resource for Lee County citizens looking for members in good standing with The Florida Bar who can assist them with legal matters in a particular practice area. A new, easy-to-navigate website for the organization provides information for potential clients, an efficient online intake process, a direct number for those who prefer to communicate with LRS staff by phone, and useful contact information for clients who may qualify for pro bono (free) legal assistance.



Nirupa Netram, Esq., Senior Director of Corporate Compliance for Goodwill Industries of SWFL, and John Webb, Esq. of John C. Webb Legal Group, P.A.



CROW was the highlighted charity at a recent LCBA luncheon



The Young Lawyers Division of the LCBA fundraised on behalf of the Guardian ad Litem Foundation (GAL). From left, YLD President Kimberly Bocelli, Terry Brennen of GAL, Past President Shannon Puopolo, VP Tom Coleman and Treasurer Noel Davies

At the Law in the Mall program, LCBA members volunteer to give free legal advice to citizens in an informal setting one Saturday a year at Edison Mall. As another community outreach initiative, LCBA luncheons events and the magazine highlight a local

continued on page 24

Great House at a Great Price!



Enjoy unobstructed golf course views from this 3BR/2BA with Large Heated Pool. Deeded Beach Access near Causeway. Call for private showing.



Isabella Rasi

239-246-4716

ENGEL & VÖLKERS

1101 Periwinkle Way #105, Sanibel, FL
isabellarasi@aol.com



Scholarships To Young Graduates

Continental Women's Club of Fort Myers recently awarded \$1,500 scholarships to two exceptional young high school graduates to help with their college expenses. The recipients of these two scholarships are Regine Cooper and Kaitlyn Adams.

Cooper is a graduate of Dunbar High School and will be attending Colgate University in Hamilton, New York.

Adams is a graduate of Mariner High School and she will be attending the University of Central Florida in Orlando.

Continental Women's Club began giving scholarships in 1997 and to date has helped 39 young ladies with their college expenses. Over the years, the club has contributed over \$34,000 toward this goal.✱

Our email address is
press@riverweekly.com



Regine Cooper



Kim Ward and Regine Cooper

School Smart



by Shelley M. Gregg, NCSP

Dear Readers, Here is third in the series of articles on school readiness. I know that parents are increasingly concerned with their child's skills

in regard to reading, however, there are many other skills that a school ready child must have to enjoy the school experience.

Research has suggested that many aspects of children's lives influence their preparation for formal school learning, including cognitive, social, emotional, and motor development and – most importantly – early home, parental and preschool experiences. Consideration of school readiness must take into account the range and quality of children's early life experiences. Family environment is very important in shaping children's early development. I have listed below some important family factors that can influence school readiness.

Parent And Family Influences On School Readiness

- Low family economic risk: Poor readiness for school is often associated with poverty.

- Stable family structure: Children from stable two parent homes tend to have stronger school readiness than children from one-parent homes and from homes where caregivers change frequently.

- Enriched home environment: Children from homes where parents talk

with their children, engage them in conversation, read to them, and engage in forms of discipline such as time-out that encourage self control.

The following list of behaviors and/or characteristics are often associated with early school success. These are behaviors that you can work on at home.

- Ability to follow structured daily routines.
- Ability to dress independently.
- Ability to work independently with supervision.
- Ability to listen and pay attention to what someone else is saying.
- Ability to get along with and cooperate with other children.
- Ability to play with other children.
- Ability to follow simple rules.
- Ability to work with puzzles, scissors, coloring, paints and other manipulatives.
- Ability to write their own name or to acquire the skill with instruction.
- Ability to count and recite the alphabet or acquire the skill with instruction.
- Ability to identify both shapes and colors.
- Ability to identify sound units in words.

We must remember that there is a wide variation in young children's development and learning and respect individual differences. Children learn at different rates.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Enrollment Assistance Week At FSW

Florida SouthWestern State College (FSW) will host Enrollment Assistance Week from 1:30 to 4:30 p.m. on June 15, 16, 17 and 18. All events are free to attend, and attendees are encouraged to register online at www.FSW.edu/admissions/events. The dates and locations are:

- June 15 – Hendry/Glades Center, 1092 E. Cowboy Way, Building A
- June 16 – Collier Campus, 7505 Grand Lely Drive, Naples, Building M
- June 17 – Charlotte Campus, 26300 Airport Road, Punta Gorda, Building J
- June 18 – Thomas Edison (Lee) Campus, 8099 College Pkwy., Fort Myers, Building U

"We realize that students may have additional questions regarding the enroll-

ment process after they submit an admissions application," said Amber McCown, director of admissions at FSW. "Enrollment Assistance Week will allow future students to get answers about the enrollment process including information about admissions, in-state residency for tuition purposes, orientation, financial aid and more."

While at Enrollment Assistance Week, visitors will receive information about the steps new applicants and students must take to be admitted to FSW and register for classes. Information sessions will provide assistance with topics such as Financial Aid, the orientation process, and more. Staff will also be available to take documents and answer personalized questions at information tables.

For more information about Enrollment Assistance Week, visit www.FSW.edu/admissions/events.✱



New designs available at
Forever Green Ace Hardware and
J.N. "Ding" Darling Wildlife Refuge
For a full mailbox, call Dave at 454-1001
naturebrackets.com



Financial Focus

Make Timely Adjustments To Your 529 Plan



by Jennifer Basey

If you have school-age children, you might greet the arrival of June with some relief – for at least a few months, you don't have to worry about “encouraging” kids to do their homework,

study for tests, give you their permission slips for field trips, and so on. But one day, these obligations will give way to a substantially bigger one – paying for college.

If you've already begun preparing for that day with a tax-advantaged college-savings vehicle, such as a 529 plan, you're taking a positive step, because higher education is expensive. But it's not enough to just set up your 529 plan – you may also need to adjust it over time.

Up until this year, you were only allowed to change the investments in your 529 plan once a year. This caused concern among some investors, who wanted the freedom to change their 529 investments in response to movements in the financial markets. But late in 2014, President Obama signed into law the Achieving A Better Life Experience (ABLE) act, the key purpose of which

was to create tax-free accounts allowing people to save for disability-related expenses. And one provision of the ABLE act also allows 529 plan investors to change their investments twice a year, rather than once.

If you invest in a 529 plan, you might welcome this additional freedom to adjust your investments. Still, keep in mind that a 529 plan is a long-term vehicle that's not really designed to accommodate frequent “tweaking.” And, as is true with any investment account, such as your IRA and 401(k), you don't want to overreact to short-term market fluctuations by making radical changes to your investment mix.

Nonetheless, you will almost certainly want to adjust your 529 plan investments somewhat – at least in the long term. If you've opened a 529 plan when your children are young, you have many years until you need to tap into the money – which means your account has more time for growth potential and more time to “smooth out” those periods of market volatility, which will certainly occur. Consequently, you may be able to afford to invest somewhat more aggressively when your children are young.

However, as your kids near college, you will probably want to revisit the level of risk in your 529 plan. So, during the last couple of years before you need to access your plan, you may want to consider moving some of your investment dollars to more conservative allocations. By doing so, you'll cut back on your growth potential, but you'll also lessen the risk of taking a big hit if you have to start taking withdrawals during a “down” market.

Some 529 plans offer an option that

automatically adjusts your investment mix toward a more conservative approach as your children near college age. But you may want to make your own adjustments, possibly with the help of a financial professional, to ensure that your 529 plan accurately reflects your own preferences and risk tolerance.

As you save for your children's college education, you may find a 529 plan to be a great help. Just be sure to keep a close watch on your plan's investments as the years go by.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

Topliff On Graceland Honors List

The honor roll lists for Graceland University's 2015 spring term have been announced, and Krysten Topliff of Fort Myers has been named to the honors list. Students with a GPA between 3.65 and 3.99 are named to the university's honors list.✱

Summer Reading Days Coming To Bennett's

For the eighth year in a row, the owners of Bennett's Fresh Roast in Fort Myers are encouraging children to read while out of school for the summer.

“Education shouldn't stop when summer begins,” said Bennett's co-owner and former teacher of special needs students in Lee County for 16 years, Frank Albano. “Reading is the perfect summer activity because it takes kids on different adventures and opens up their imaginations.”

Now through August 31, Bennett's will offer school-aged children – from kindergarten through fifth grade – a complimentary fresh donut each time they read a book at either Bennett's downtown Fort Myers or Sanibel Island location. Children may receive one free donut per day when they read a book and are accompanied

by a parent until 3 p.m. at the Fort Myers location and until 4 p.m. on Sanibel, while daily supplies last. A selection of books appropriate for children are available for reading on site.

“We have been really pleased with the response we've had during the past seven years from all the kids and families, and we anxiously await summer to begin so we can bring this program back each year,” added Albano. “If we can have a small part in helping parents encourage their kids to read, we're happy to do it. Our comfortable seating areas are the perfect spot for kids to curl up with a good book. And when the summer weather cooperates, our outside patio areas are very relaxing, too. We encourage children's laughter in our shops.”

Bennett's downtown Fort Myers shop is located at 2011 Bayside Parkway and is open Monday through Sunday from 6 a.m. to 3 p.m. Bennett's Sanibel shop is located at 1020 Periwinkle Way and is open Monday through Sunday from 6 a.m. to 9 p.m.

For more information, visit www.BennettsFreshRoast.com.✱

Junior League Festival This Saturday

The Junior League of Fort Myers will kick off its yearlong 50 for 50 challenge at its Kids in the Kitchen Summer Festival Saturday, June 6 from 10 a.m. to 2 p.m. The free event will include activities for kids including seed planting, exercises, free summer reading books and educational information on healthy drinks, foods and dental health. A free healthy lunch will also be offered.

A number of nonprofit organizations will have booths onsite to provide information about the services they provide children and their families as well as how locals can volunteer with their organizations. These organizations include Abuse Counseling & Treatment, Inc. (ACT), Calusa Nature Center & Planetarium, Child Care of Southwest Florida, Inc., EDGE, Family Health Centers, Footsteps to the Future, Fort Myers Fire and Police Departments, Girl Scouts of Gulfcoast Florida, Inc., Goodwill Industries of Southwest Florida, Inc., Health Planning Council of Southwest Florida, Human Trafficking Awareness Partnerships, Inc., Lee County Sheriff's Office, Lee Memorial Health System, Literacy Council Gulf Coast, PACE Center for Girls of Lee County, Pine Manor Improvement Association, Quality Life Center, Shoes, Socks, Shirts and Smiles, Inc., United Way of Lee, Hendry, Glades and Okeechobee, and Williams Academy Black History Museum.

The festival will be held at the Fort Myers Stars Complex, 2980 Edison Avenue in Fort Myers.

To celebrate the Junior League's 50th Anniversary in 2016, its members are encouraging all of Southwest Florida to join them in continuing their ongoing volunteer efforts.

The challenge is simple. From June 1, 2015 to May 31, 2016, the Junior League is asking adults to commit to volunteering 50 hours of community service and/or \$50 to the local nonprofit(s) of their choice. Children, ages 6 to 16, are asked to donate 25 hours. Families are encouraged to take the challenge together if they wish. During this same time, JLFM members will also commit to completing 50 community service projects.

Participants may commit to the challenge and track their hours by downloading a form on the Junior League's website at www.jlfm.org. At the end of the year, the Junior League will hold a celebration honoring all participants with a certificate and commemorative pin next May.

For more information, call 277-1197.✱

From page 1

Goodwill LIFE Academy Graduation

class on May 28 in the Edgewood Elementary School auditorium. Six graduates received diplomas or certificates of completion from principal Lynn Pottorf and Pamela LaRiviere of the Lee County School Board.

“This is a very special year for LIFE Academy,” said Pottorf, who has been principal since the school opened in 2005. “We are proud of the graduates' accomplishments and excited they all have plans for a promising future.”

Goodwill LIFE Academy's annual commencement ceremony is traditionally one of the smallest in Lee County, but that doesn't make graduation any less significant for its students. The Lee County charter school, which caters to students

with intellectual disabilities, celebrated six students in its class of 2015: Shalisa Anthony, Richard Burnham, Connor LeBeau, Naiomi Ravish, Nathan Ravish and Blake Rhodes.

In total, the school has graduated 41 students in its ten years.

“We've had 1,800 school days since we opened,” Pottorf added during her closing remarks at the commencement ceremony. “And we've had 1,800 reasons to celebrate.”

Goodwill LIFE Academy is a charter school for students ages 11 to 22 with intellectual disabilities. Classes at the LIFE Academy focus on academic, vocational and life skills to prepare the students to live as independently as possible after graduation.

LIFE Academy is currently accepting students for the 2015-16 academic year. For eligibility requirements and other information, visit www.goodwilllifeacademy.org or contact Principal Lynn Pottorf at 334-4434.✱

Our email address is press@riverweekly.com



From left, Lisa Muench, Michelle Patrick Olivarez, Alex Hamley, Jennifer Beattie, Francesca Berberich, Danielle Lucht, Erin Martin, Jessica Steinberg, Veronica Bynum and Holly Zasadny. Not pictured: Carrie Gil and Jaclyn Julow

Junior League Installs New Officers

The Junior League of Fort Myers, Inc. recently installed with its incoming board members for the 2015-16 calendar year.

Danielle Lucht, financial advisor with Alliance Financial Group, will serve as the Junior League's president.

Originally from Washington, DC, Lucht has lived in Fort Myers since 2002. Before joining Alliance Financial in 2004, she worked as a producer for WINK News. As a financial representative, she specializes in designing and implementing retirement strategies for her clients.

In May 2013, she received the 2012-13 Junior League President's Award in recognition of her outstanding ability to enhance, enrich and empower the Junior League to better serve the community. She chaired the American Cancer Society's Cattle Barons Ball in January 2010 and was instrumental in forming the current chapter of the National Association of Women Business Owners in 2011. Lucht earned a bachelor's degree in psychology from The Catholic University of America in Washington, D.C. and a Master of Arts degree from New York University.

Her president term will begin in June 2015 and run through May 2016.

Additional officers include Erin Martin, president elect; Michelle Patrick, community vice president; Jessica Steinberg, membership vice president; Jennifer Beattie, finance vice president; Alex Hamley, communications vice president; Francesca Berberich,

recording secretary; Jaclyn Julow, corresponding secretary; Holly Zasadny, member at large; Veronica Bynum, nominating chair; Carrie Gil, advisory planning; and Lisa Muench, sustainer advisor.

Since 1966, the Junior League of Fort Myers, Inc. has contributed more than one million volunteer hours to community projects and programs.

To celebrate the Junior League's 50th anniversary in 2016, its members are encouraging all of Southwest Florida to join them in continuing their ongoing volunteer efforts.

"Each volunteer hour is valued at \$23," said Lucht. "If we can get 222 of our members and residents to each volunteer 50 hours in the next year, together we will have donated more than \$250,000 of much needed labor to our community."

The challenge is simple. From June 1, 2015 to May 31, 2016, the Junior League is asking adults to commit to volunteering 50 hours of community service and/or \$50 to the local nonprofit(s) of their choice. Children, ages 6 to 16, are asked to donate 25 hours. Families are encouraged to take the challenge together if they wish. During this same time, JLFM members will also commit to completing 50 community service projects.

Participants may commit to the challenge and track their hours by downloading a form on the Junior League's website at www.jlfm.org. At the end of the year, the Junior League will hold a celebration honoring all participants with a certificate and commemorative pin next May.

The Junior League will kick-off this 50 for 50 challenge at its Kids In The Kitchen Summer Festival on Saturday, June 6. The free event is open to the public and will take place from 10 a.m. to 2 p.m. at the Stars Complex, located at 2980 Edison Avenue in Fort Myers.

The day will include activities for kids to enjoy including seed planting, fun exercises, free summer reading books and educational information on healthy drinks, foods and dental health. A free healthy lunch will also be offered. A number of nonprofit organizations will have booths onsite to provide information about the services they provide children and their families as well as information on how locals can volunteer with their organizations.

Since its founding in 1901 by social activist Mary Harriman, the Junior League has evolved into one of the oldest, largest and most effective women's volunteer organizations in the world, encompassing 150,000 women in 292 Leagues in four countries. Its mandate has remained the same: to develop exceptionally qualified civic leaders who collaborate with community partners to identify a community's most urgent needs and address them with meaningful and relevant programs and initiatives that not only improve lives but also change the way people think.

For more information, call 277-1197 or visit www.jlfm.org.

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My wife has invaded my space. I retired and looked forward to doing all of the things I could not do while employed, e.g. sleeping in after a late night, having fun for hours on my computer and leisurely walks with the dog. My wife wanted to stay on with her job and her many social activities. The past six years have been so much fun and I have had the time to look at the cooking shows and I always have dinner ready when she returns.

But now, my wife has retired and is not so involved socially and so I cannot

enjoy my fun in privacy.

I love my wife, but I wish she would leave me alone. What do you suggest I do?

Harvey

Dear Harvey,

This is a reversal of roles; we usually hear about men invading a woman's space.

Your wife could also be having a difficult time. I would suggest you try to have a non-threatening discussion with her or have a relative or friend be part of the discussion.

Encourage your wife to take up some of her former social activities in retirement that gave her pleasure while she was employed.

Lizzie

Dear Harvey,

Perhaps gender equality has made it to another layer of gender politics. Welcome to the world of many women who have worked at home, only to be invaded when their husbands retire and feel that they can run the home as they had run their office.

Sorry, no sympathy here. I would recommend you discuss with your wife and restructure the home and activities so both of you are not under foot and bothersome to one another.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

Read us online at
IslandSunNews.com

Doctor and Dietitian

A Sense of Purpose Has Health Rewards



by Ross Hauser, MD
and Marion Hauser, MS, RD

Optimism and having a sense of purpose can benefit your health in a number of different ways, and ultimately help you live longer. Having a sense of purpose in life reduces odds of suffering a stroke and decreases your risk of age-related dementia and disability. It is protective against multiple adverse health outcomes in older life, including a decline in physical function and disability.

A purpose in life refers to finding meaning in what you do and who you are, and leading a goal driven life.

Consider activities you can do, or a community that you can be a part of, that

feels important to you. Remember that in order to stick with them, they need to be meaningful to you, because even meaningful things have their rough patches.

- Think back to what made you zealous as a younger person. Were you fun, adventurous, creative, artistic, athletic, inventive or musical? What was it that drove you to go after your dreams... conscientiousness, organizational skills, love of nature? Perhaps there is a part of you that you may have lost and would like to harness again, or an activity that you've always wanted to try or explore in more depth.

- What areas in your life are you so passionate about that while you are doing them, you find yourself forgetting about everything else? You are so focused, the time just ticks away.

- Make a difference. There are many ways to extend a helping hand. What tugs at your heart? Is there an organization that you have always wanted to reach out to or learn more about? The involvement and contribution in helping others can drastically improve their life and yours.

Now take the next step. Turn the passion into reality, and live a purposeful and healthy life.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.

dearRPharmacist

Taking Dietary Supplements And Medications



by Suzy Cohen, RPh

Dear Readers:

We are better off getting our nutrients from healthy foods and beverages, but dietary supplements can fill a nutritional gap. It's confusing to know when you

should take certain nutrients, especially the minerals which can bind or "chelate" with a lot of different medications. It's also difficult to time your supplements around meals and medications.

Over the years, I've used my own vitamin list to help me remember when and how to take supplements. I think it could help you, especially if you have to take a lot of different things. You can download my form for free at my website and fill in the blanks with your own supplements. This cheat sheet will help you stay on track.

As a pharmacist, it's kind of in my blood to "approach with caution," and I don't necessarily mean pharmaceuticals. Supplements (the high quality ones that really work) will act in your body

exactly like a drug and the timing impacts efficacy. Before you embark on any supplement regimen, I suggest you ask a holistic-minded practitioner what is right for you with consideration to your allergies, your liver, kidney function and even genetic mutations.

By learning all you can about vitamins and minerals you can make better choices about dosages. There are times when I need to dump out 50 percent of one capsule to get a lower dose, and other times I will take more than what is typically recommended. We are all very unique.

Today I will teach you more about timing your medications and supplements so you can optimize effect and minimize risk. Taking some medicines too late in the day will make you wide-eyed at 3 a.m. Interactions with minerals can defeat the purpose of taking medications. Since there are thousands of medications and supplements, I obviously can't cover them all, but I'll hit the big categories. When you're done reading today's column, visit my website (suzycohen.com) and sign up for my newsletter so you will receive the longer version of this article, along with a sample Vitamin List, which you can adapt and use for your own regimen.

Medicines and supplements that are best taken in the morning:

Thyroid medication
Modafinil (Provigil)
Stimulants (Ritalin, Concerta, Adderall)
Diuretics like HCTZ, furosemide, dandelion, berberine, neem, green tea
Osteoporosis drugs (Boniva, Fosamax, etc.)

Medicines and supplements that are best taken with food:

Mineral supplements (iodine, magnesium, calcium, iron)
Vitamin A, D, E or K (fat-soluble vitamins)
Anti-fungals
CoQ10
Probiotics can usually be taken any time

Medicines and supplements that are best taken in the evening or bedtime:

Diphenhydramine
Aspirin
Magnesium
Ashwagandha
Goto kola
Skullcap
Muscle relaxants
Statin cholesterol reducers
ACE inhibitors (like Enalapril)

ARB class of blood pressure pills (candesartan, etc.)

Do not combine:

Vitamin K or ginkgo with anticoagulants
Folate with methotrexate or phenytoin
Minerals or dairy foods with minocycline or doxycycline
Grapefruit or pomegranate foods/supplements with statins
Chocolate with Nardil
Licorice extract with digoxin or HCTZ
HCTZ with vitamin D (raises calcium too much)
5-HTP with any antidepressant
St John's wort with any antidepressant
This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.☆

Strategies And Techniques For The Family Caregiver

The Alvin A. Dubin Alzheimer's Resource Center, in collaboration with Nurse On Call of Fort Myers, presents a family caregiver program Strategies and Techniques for the Family Caregiver. This program has an emphasis on occupational therapy as it relates to Alzheimer's disease and related dementias. Caregivers will learn how to set up structure and support based on the remaining skills set of their loved one, keeping their loved one involved and content, thereby reducing caregiver stress.

This program will be offered on Thursday, June 11 from 2 to 4 p.m. and is open to all family caregivers caring for someone with Alzheimer's disease or a related dementia and is designed to meet the needs of spouses, families, or other primary

continued on page 24

YOU NEED A TREATMENT AS POWERFUL AND STRONG AS YOU WANT TO BE.

PROLOTHERTHERAPY

NATURAL INJECTION THERAPY

NON-SURGICAL PAIN RELIEF FROM:

- Back Pain
- Headaches
- Joint Instability
- Labral Tears
- Meniscal Tears
- Osteoarthritis
- Sports Injuries
- ...and much more!

Make an appointment today!
239.303.4069
CaringMedical.com

Caring Medical
Regenerative Medicine Clinics
9738 Commerce Center Ct.
Fort Myers, FL 33908

VISION SOURCE™

DOCTORS EYECARE CENTERS

Robert G. LeSage, OD • Timothy E. Underhill, OD

SIZZLING SUMMER SUNGLASS SALE!

25% OFF SUNGLASSES

PRESCRIPTION OR NON-PRESCRIPTION DURING THE MONTH OF JUNE!
Everybody Needs A Good Pair Of Sunglasses!
(Not to be combined with any vision plan or any other discount)

Need An Exam, Call Today.

239-482-0355
5995 South Pointe Blvd, #111 • Fort Myers

Animal Services Offers Discounts For Adopt-A-Shelter-Cat Month

Lee County Domestic Animal Services will join the American Society for the Prevention of Cruelty to Animals in spotlighting June as Adopt-A-Shelter-Cat Month. Shelters often are inundated with cats between June and October when most kittens are born.

Throughout the month of June, Animal Services will discount the regular adoption fee of \$75 for kittens to \$30. The adoption fee for cats 6 months or older is regularly \$50 but will be \$15, the cost of the pet license. Cats and kittens are also two-for-one adoption fee. Adoption fees for some dogs also will be reduced during June.

Adoption fees include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license for cats 3 months or older, a 10-day pet health guarantee, microchip ID, access to the behavior helpline, feline leukemia and feline AIDS test, flea treatment and de-worming. The adoption package is valued at \$500.

Animal Services encourages Lee County residents to proactively help solve the cat overpopulation problem by spaying and neutering their pets and not allowing them to roam free. Caretakers of feral cat colonies can take advantage of the county's Trap-Neuter-Return (TNR) program. Cats that live in neighborhood colonies can be trapped, sterilized and returned to the community from which they came through the free program. More information on TNR is available at www.LeeLostPets.com or by calling 239-533-9234.

For more information about adopting, fostering or rescuing, go to www.LeeLostPets.com. Photos and information about lost pets or pets for adoption are also available and adoption applications may be submitted online.✪

From page 23

Strategies For Caregivers

caregivers. The program will take place at Nurse On Call, 8771 College Pkwy., Suite 101 in Fort Myers.

Topics of the program include the impact and correlation of hearing loss and visual impairment on the dementia patient and their caregiver as well as a discussion on available treatments and ideas, followed by general hearing and vision screenings.

Guest speakers include John Hoglund, BC – HIS, ACA, Hoglund Family Hearing and Audiology; and Stephen E. Smith, MD, Eye Associates of Fort Myers.

Participants must register in advance to participate. To learn more about participating in this group or other services offered for caregivers, contact Mary Freyre, RN, Health Education Specialist at the Dubin Alzheimer's Resource Center at 437-3007.✪

from page 4

Kids Fishing Tournament

compliments of Fish Florida, trophy and lunch with Ronald McDonald. There will also be interactive displays provided by CROW, JN "Ding" Darling National Wildlife Refuge, Lee County Sheriff's Department, Iona-McGregor Fire Department and much more. To register, visit www.rmhcswfl.org.

For more information, contact Angela Katz at 437-0202. All donations from the tournament will benefit Ronald McDonald House Charities of Southwest Florida.✪

Read us online at IslandSunNews.com

From page 19

LCBA Elevates Professionalism

non-profit organization every month to the philanthropic-minded members deciding where to invest their time, talent and donations. An annual golf tournament raises money for a deserving youth program in the community, such as the one on Saturday, June 6 at Pelican Preserve Golf Club to benefit Alliance for the Arts' ArtReach Program.

Throughout its 66-year history, the LCBA has served as a resource to its members and the community to elevate legal practitioners' professionalism and the accessibility of their expertise to the citizens of Southwest Florida.

"In the larger sense, all attorneys understand the concepts of professionalism and ethics – at heart, they are the Golden Rule," said Dalton. "However, there are many nuances involving our implementation of these concepts in the day-to-day business world."

LCBA Executive Director Sharon Brotherton added, "With the rules for practice continually evolving, the LCBA provides a framework for staying current with regulations, brushing up on practice area content, investing in the community and promoting the level of confidence the citizens of Lee County have in the profession. It's such a strong organization because of the dedication of our Executive Council and participation of our members."

For more information, visit www.leebar.org.✪



Atom

Second Chance Fund In Need Of Donations

The Gulf Coast Humane Society (GCHS) is in need of donations for their Second Chance Fund. This



Bubba

fund allows people to donate directly to the care of our sick and special needs animals to help alleviate some of the financial costs for those pets with needs beyond routine medical care.

Atom, an approximately 1-year-old terrier mix, is a good example of the success of the Second Chance Fund program. Atom came to GCHS recently after being hit by a car. The GCHS's

partnership with Lee County Animal Services allowed GCHS to get Atom the care needed to recover from a broken femur. He needed surgery to align and stabilize his leg with the placement of multiple pins. Atom received the needed surgery with the help of Specialized Veterinary Services and funding is now needed to recover the cost.

Another Second Chance Fund story is Bubba, a 2-year-old male American bulldog mix. Clewiston Animal Control found Bubba and transferred him to GCHS to help him recover from severe mange, urine burns, infection and malnutrition. Cruelly neglected and left in a small cage for days until found, Bubba is currently under care and being fostered while in recovery. He is doing well with his foster family, playing with their dogs and loving the attention from their care. He is in for a long recovery and funding is desperately needed for medical expenses. When Bubba has fully recovered, he will be up for adoption and is sure to make a wonderful family pet.

Kenya, GCHS alumni, returned to the shelter this week after being found by Collier County Animal Control emaciated and with a broken leg. Kenya had previously been micro-chipped, which lead her back to GCHS. Funding is now needed to help repair the broken leg so he can be put back up for adoption.

"GCHS has been able to help many cats and dogs that needed immediate medical attention," said Jennifer Galloway, GCHS executive director. "These donations are needed to give these pets a second chance in life where they would not have otherwise."

Sunset, the bait dog used by a dog fighting ring, was recently a Second Chance Fund recipient. The donations allowed Sunset to be treated for many serious medical issues and she has since been adopted and is now living a much better life because of these donations.

Second Chance funding, with the help of Specialized Veterinary Services and Animal Medical Center, has been very successful in giving countless animals a new life. GCHS is asking the community for any amount of support in donations, so that we can continue to help these animals.

Gulf Coast Humane Society, located at 2010 Arcadia Street in Fort Myers, only takes in owner surrendered and transfers from other shelters and rescue groups with a high success rate of adoptions. Their veterinary clinic is open to the public and offers a full array of affordable services six days a week.

For more information, call 332-0364 or visit www.gulfcoasthumanesociety.org.✪

SPORTS QUIZ

1. Three players have hit 400 home runs in a Boston Red Sox uniform. Name them.
2. In 2014, Mike Zunino set a record for most home runs by a Seattle Mariners catcher (22). Who had held the mark?
3. Denver's Peyton Manning, in 2013, became the second quarterback to be named to The Associated Press NFL All-Pro team seven times. Who was the first?
4. When was the last time that the Creighton men's basketball team reached the NCAA Tournament's Sweet 16?
5. In the 1959-60 season, Boston's Doug Mohns became the second NHL defenseman to tally 20 goals in a season. Who was the first?
6. How many consecutive seasons has NASCAR driver Jeff Gordon captured at least one pole position?
7. When was the last time before 2015 that tennis star Roger Federer failed to reach the Australian Open semifinals in men's singles?

ANSWERS

1. Ted Williams, Carl Yastzewski and David Ortiz. 2. Miguel Olivo, with 19 in 2011. 3. Cleveland's Otto Graham. 4. It was 1974. 5. Detroit's Flash Hollett, in the 1944-45 season. 6. Twenty-three consecutive seasons. 7. It was 2003.

stem from a long-hidden resentment suddenly bubbling up. An open and honest talk should resolve the problem.

AQUARIUS (January 20 to February 18) This week, many ever-generous Aquarians might find themselves feeling an acquisitive urge. If so, indulge it. You've earned the right to treat yourself to wonderful things.

PISCES (February 19 to March 20)
Expect to get a lot of advice on how to go about implementing your plans. But once you've sorted it all out, you'll probably find that, once again, your way will be the best way.

BORN THIS WEEK: You enjoy the quiet times of your life, but when you're in the mood, you can throw a party everyone will want to go to.

THIS WEEK IN HISTORY

- On June 10, 1752, Benjamin Franklin flies a kite during a thunderstorm and collects a charge in a Leyden jar when the kite is struck by lightning, demonstrating the electrical nature of lightning. Among the terms coined by Franklin are “battery,” “conductor” and “electrician.”

- On June 8, 1896, President Grover Cleveland calls for an investigation into the number of “aliens,” or foreign nationals, employed in the federal government. Anti-immigrant sentiment was widespread, as immigrants were blamed for increases in crime and for driving down wages.

• On June 14, 1909, folksinger Burl Ives is born in Illinois. Ives is best known for his voiceover work as Sam the Snowman in the animated Christmas special “Rudolph the Red-Nosed Reindeer.”

● On June 11, 1949, Hank Williams makes his Grand Ole Opry debut, electrifying a live audience at Ryman Auditorium that called him out for six encores. Organizers implored fans not to call him out for more so the rest of the show could go on.

- On June 9, 1954, Joseph Welch, special counsel for the U.S. Army, lashes out at Senator Joseph McCarthy during hearings on whether communism had infiltrated the U.S. armed forces. Welch's verbal assault marked the end of McCarthy's power during the anticommunist hysteria.

- On June 13, 1971, The New York Times begins to publish parts of a top-secret Department of Defense study of America's involvement in the Vietnam War.

The “Pentagon Papers” indicated that the government had been lying for years about the war.

- On June 12, 1987, during a speech in Berlin, President Ronald Reagan famously challenges Soviet leader Mikhail Gorbachev to “tear down this wall.” The Berlin Wall had been erected in 1961 to prevent East Germans from escaping to the West.

- It was back in the 19th century that American author and philosopher Henry David Thoreau made the following sage observation: “Men have become the tools of their tools”

- **Clinomania** is an affliction that affects a large percentage of the American population. If you suffer from an overwhelming desire to stay in bed, you're one of us.

- If you're like most parents, at one time or another you've been shocked by how quickly your kids outgrow things -- especially shoes. What may be an annoyance in a developed country is a major problem in undeveloped areas of the world; Kenton Lee is working on changing that. As a volunteer in an orphanage in Kenya, he noticed that many children had the toes cut out of their shoes just so they could fit in their feet.

After returning home, Lee developed an adjustable sandal that can grow with a child, increasing up to five sizes via a system of snaps. Although the shoe is only made available to nonprofits for those in need, domestic demand is increasing. If you're a parent sick of buying seemingly endless pairs of new shoes, you'll be glad to hear that Lee and his team are working on a commercial version.

- You might be surprised to learn that actor David Duchovny, best known for his role in "The X-Files," was just a dissertation away from being awarded a doctorate in English literature.

● In 16th- and 17th-century Europe, it was considered fashionable to attend public dissections of human bodies. So-called anatomy days often included music, speeches and processions. Viewers could even pass around body parts for inspection, though taking the parts home was forbidden.

“You can get more with a kind word
and a gun than you can from a kind word
alone.” -- Al Capone

S	C	A	M	P	I		A	P	P	A	L		T	S	A	R	I	S	T
U	L	C	E	R			T	A	I	P	E	I		A	N	T	E	N	V
D	A	L	E	E	A	R	N	H	A	R	O	T		B	L	I	S	T	E
S	M	L	T	S		F	O	S					C	F	O		S	T	R
					I	A	Y			R	I	C	H	A	R	D	S	F	A
S	T	O	N	F		A	T	A	B	O	I	L							
P	E	C	O	Y		E	M	I	N	G			L	O	N	E	S	T	A
E	A	R	S			A	H	I	D			A	G	L				A	H
A	S	E			U	A	D	C				F	O	N	L	S	W	A	G
R	E	S	P		T	E		S	N	O	O	T	Y		E	N	I	G	M
					A	M	O	S	A	L	O	N	Z	O	S	T	A	G	G
A	D	R		A	N		W	Y	N	K	E	R			I	L	L	I	C
G	E	O	R	G	E	H	A	L	A	S				E	R	L	E		U
C	A	S				D	O	R	Y				I	S	L	E			A
G	R	A	S	S	F	E	D			A	R	K	O	I	D	P	A	I	M
					I	O		E	N	F	O	R	C	L			A	R	B
B	J	S	T	E	R	C	H	A	B	B	L			A	T	T	A		
A	S	T				R	I	S	H				H	O	N		I	N	L
R	E	A	O	O	U	T						R	O	C	K	Y	M	A	R
N	J	T	L			K	E					O	N	E	I	D	A		E
S	P	E	E	D	E	R						W	O	O	D	E	N		F

A	R	E	N	A		S	P	Y		E	G	G
P	A	C	E	S		L	A	O		N	E	O
E	T	H	O	S		E	C	U	A	D	O	R
		I	N	A	P	E	T		L	O	D	E
E	N	D		I	R	K		P	A	W	E	D
M	Y	N	A		A	S	S	E	S			
S	C	A	R	E	D		L	A	K	E	R	S
			G	R	A	P	E		A	C	N	E
S	U	P	E	R		R	E	D		O	A	T
P	L	A	N		R	A	T	I	O	N		
E	C	S	T	A	S	Y			E	M	O	T
N	E	T		A	V	E			T	I	M	E
D	R	Y		A	P	R			S	T	Y	N



Zucchini Chips

1/4 cup dry breadcrumbs
1/4 cup grated fresh
 Parmesan cheese
1/4 teaspoon seasoned salt
1/4 teaspoon garlic powder
1/8 teaspoon freshly ground
 black pepper
2 tablespoons fat-free milk
2 1/2 cups zucchini,
 sliced 1/4-inch thick
Cooking spray
Feta and Dill Dip
1 cup plain low-fat yogurt
1 tablespoon fresh dill, chopped
1 tablespoon crumbled feta cheese
Preheat oven to 425 degrees.
Whisk together first five ingredients
in a medium bowl.
Pour milk into a shallow bowl.
Place an ovenproof wire rack
coated with cooking spray on a bak-
ing sheet.
Dip zucchini slices in milk, and
dredge in breadcrumb mixture. Put
coated slices directly onto the pre-
pared wire rack. Bake for 30 minutes
or until browned and crisp.
Serve immediately with Feta and
Dill Dip.✱



Zucchini Chips

Read us online at IslandSunNews.com

PROFESSIONAL DIRECTORY

COMPUTERS

Paul Bogdon: Virus Removal
PC Upgrades
• Custom PCs
• Networks
• Installation
• POS Systems
• Security & Cameras
• Home Theater

Mr. EZ PC

Toll Free 1-888-
MREZPC1

CONTRACTOR

**INTERLOCKING PAVERS
MEDITERRANEAN STONE**

RESIDENTIAL - COMMERCIAL
DRIVEWAYS - POOL DECKS - PATIOS - CONDOS

GIGI DESIGN GROUP
Since 2001, A Southwest Florida Paver Contractor

Schedule free estimates or
visit our new show room

Lic.# S3-12238 www.gigicompanies.com 239-541-7282

COSMETICS

MARY KAY®
904 Lindgren Blvd.
Sanibel Island, FL 33957
Ph: 239-395-0978 / 317-509-6014
mbutcher@marykay.com
Products: www.marykay.com/mbutcher

**NEW SPRING
PRODUCTS ARE HERE!**

MAGGIE BUTCHER
Career information available
Gift ideas available

CONSTRUCTION/REMODELING

COOPER
CONSTRUCTION

Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor
you can dream up.

239.454.5699
cooperconstruction@embarqmail.com
Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

TREE & LAWN CARE

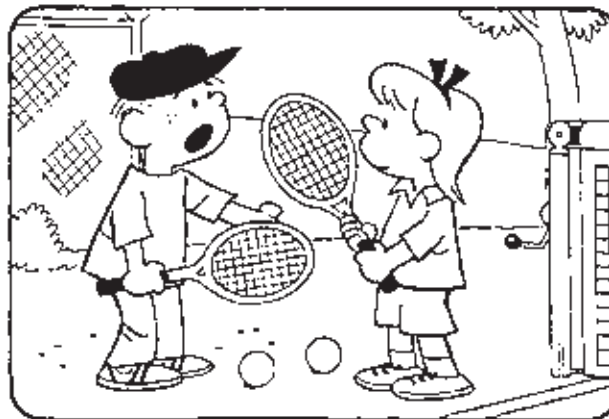
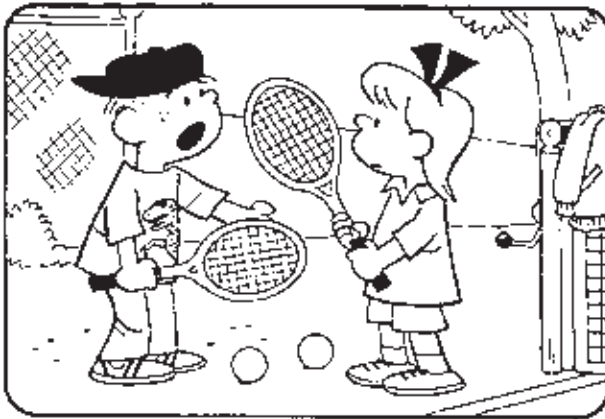
*** Jesus Hernandez ***
**LANDSCAPING &
TREE SERVICE**

482-7350

“We Service All your Landscape Needs “

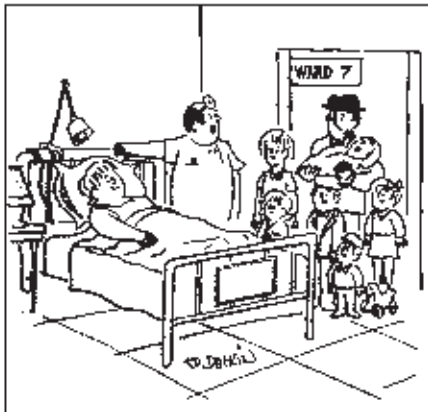
FULL Landscaping SERVICES
• Tree TRIMMING AND REMOVAL
• Stump Grinding
SANIBEL INVASIVE VEGETATION
REMOVAL
MONTHLY MAINTENANCE SERVICES
FREE Landscape Consultation
and LANDSCAPE Designs
• LANDSCAPE REFURBISHING
• MULCHING • RIP RAP
• GRAVEL DRIVEWAYS • CUSTOM PAVERS
NOW OFFERING IRRIGATION WET CHECK

licensed • insured • bonded
Over 20 years serving San-Cap & Ft. Myers
www.jesuslawncare.com • jesuslawncare@gmail.com

HOCUS-FOCUSBY
HENRY BOLTINOFF

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Cap is reversed. 2. Racket is missing. 3. Racket is shorter. 4. Boy is shorter. 5. House is shorter. 6. Jacket is missing.



"Your wife claims she's got
_____, but she
may be just pulling a fast one."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Hunt

SACHE

Threat

GRANDE

Live

TIXES

Control

MEAGAN

TODAY'S WORD

answer on page 27

PUZZLE ANSWERS**SUDOKU**

2	4	6	5	3	8	9	1	7
5	8	1	2	9	7	4	6	3
9	7	3	1	6	4	8	5	2
3	6	2	8	5	1	7	4	9
1	5	8	7	4	9	3	2	6
4	9	7	3	2	6	1	8	5
6	3	9	4	8	2	5	7	1
7	2	4	9	1	5	6	3	8
8	1	5	6	7	3	2	9	4

SCRAMBLERS*solution*

1. Chase; 2. Danger;
3. Exist; 4. Manage

*Today's Word***AMNESIA****PROFESSIONAL DIRECTORY****FINANCIAL SERVICES**

**THE RIGHT INVESTMENTS IN YOUR IRA CAN
MAKE ALL THE DIFFERENCE.**

Jennifer L Basey
Financial Advisor

To learn about the benefits of an
Edward Jones IRA, call or visit today.

1952-2 Park Meadows Dr
Ft Myers, FL 33907
239-437-5900

www.edwardjones.com

Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

FISHING CHARTER

Light Tackle Sport Fishing
Tarpon • Snook • Redfish & More
CAPT. MATT MITCHELL



C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

GENERAL CONTRACTOR

D.BROWN
GENERAL CONTRACTORS LLC

CGC1517615



**NEW CONSTRUCTION
& REMODELS**

239-593-1998 | www.dbrowncc.com

To advertise in
The River Weekly News
Call 415-7732

Shore Fishing: Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.
- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

REAL ESTATE



Looking
for a
Great House
at a
Great Price?



CALL ME
FOR YOUR
PRIVATE TOUR

ISABELLA RASI
(239) 246-4716

EMAIL

ISABELLARASI@AOL.COM



ENGEL & VÖLKERS
1101 Periwinkle Way #105
Sanibel, FL 33957

*RS 0515 NC TFN

REAL ESTATE

IS A NEW SANIBEL HOME IN YOUR FUTURE?



How about a three bedroom, plus den,
new home on your lot for \$350,000!
Give us a call about building a new home
on your lot for about the same price as
purchasing an older home. We have lots
listed from \$244,900 to \$399,900.

Think of the advantages!
New kitchen, new roof, new baths,
New Everything!

Call us for more information
239-850-0979

John Gee Jr., Broker Associate and
Ann Gee, Broker Associate
Or email RealtorAnn@hotmail.com
John Gee & Company
2807 West Gulf Drive, Sanibel.

*RS 5/15 CC 7/3

GARCIA REAL ESTATE AND CONSULTING



RICHARD J. GARCIA, GRI, BROKER
239-472-5147

garciaonsanibel.com

Offering Personal, Private, and
Professional Real Estate Services on
Sanibel and Captiva Islands.
30 Year Resident of Sanibel.
Licensed in Florida, New York,
Pennsylvania and New Jersey.

*RS 9/26 CC TFN

REAL ESTATE

FREE REAL ESTATE TOURS



Every Wednesday 10AM
Departs from 2300 McGregor Blvd. one
block north of the Edison Ford Winter
Estates. FREE Subway lunch included.

Marc Joseph Realty, Inc.
Call to register (239) 939-1145.

*RS 3/13 CC 6/26

COMMERCIAL REAL ESTATE

OFFICE SPACE FOR RENT

Great office space for rent.

Great location,

700 square feet on Periwinkle.

Call Joe Gil 516-972-2883
or 800-592-0009.

*NS 4/24 CC TFN

COMMERCIAL RENTAL

OFFICE SPACE AVAILABLE



2 units available for rent in the
popular Sanibel Square property.
1 unit will have 998sq. inside – the other
unit will have 840sq. (Formerly Molnar
Electric). Great place for your
private office or business.

Please call Judy @ 239-851-4073

*NS 3/6 CC TFN

ANNUAL RENTAL

ANNUAL RENTALS SANIBEL

BAY FRONT RESIDENCE

This spectacular Bay Front home
offers Panoramic Views of the Bay,
4 bedrooms + maid's quarters, large
garage, pool on Bay and UF.
\$5,200/mo.



472-6747

Gulf Beach Properties, Inc.

Paul H. Zimmerman, Broker/Owner
Serving The Islands Rental Needs Since 1975

*RS 6/5 BM TFN

VACATION RENTAL

Island Vacations

Of Sanibel & Captiva

Million \$ Views Await You!

• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths

239-472-7277

1-888-451-7277

*RS 1/4 BM TFN

LIGHTHOUSE REALTY

Paul J. Morris, Broker

VACATION RENTALS

PROPERTY MANAGEMENT & SALES

359 Periwinkle Way, Sanibel Island

239-579-0511

*RS 1/4 CC TFN

Bay to Sea.com

FREE VACATION RENTAL ADVERTISING!

**Over 300 rentals
to choose from!**

*NS 9/5 CC TFN

SEASONAL RENTAL

MID-ISLAND POOL HOME

3/2 mid-island furnished pool home. July
\$1,988, Aug/Sept \$2,500, Oct. \$3,900,
Nov. \$4,900, Dec/Jan \$5,900, Feb or
March \$7,000. Includes utilities. 952-220-
5081 or jeffr.hoover@gmail.com

*NS 5/29 CC 6/19

SEASONAL RENTAL

UPSCALE FURNISHED ROOM

Short or long term. Between College and
McGregor. Private Pool Home off River,
from \$150 plus, with Bath (semi or private),
cable, wifi. NO PETS/ KIDS or SMOKERS.
Professionals call 239-297-8983

*NS 6/5 CC 6/5

RE/MAX OF THE ISLANDS

Putting owners and

tenants together

Call Ryan Block

www.remax-oftheislands.com

239-472-2311

*RS 1/23 BM TFN

SANIBEL COTTAGE FOR RENT

3B/2B Private mid island location. Walk to
many island conveniences & easy bike ride
to bay/gulf beaches. Fully furnished incl
w/d. Nov-April \$1,300 wk. \$4,000 month
May-Oct \$800 wk \$3,000 month

773-507-8095

*NS 2/27 CC TFN

SERVICES OFFERED

ROGER NODRUFF ELECTRIC

Lic# EC12002788.

Call Roger 239-707-7203.

Aqualink - Motor Controls.

Office & Store Maint.

*RS 6/7 CC TFN

SANIBEL HOME WATCH

Retired Police Captain

Lives on Sanibel

Will Check Your Home Weekly

Very Reasonable Rates

(239) 728-1971

*RS 1/4 BM TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction

Sanibel & Captiva • 239-565-0471

Sanibel Lic. #11412 Lee Co. Lic. #051047

*NS 1/4 PC TFN

HOUSEKEEPER

If you need a person to clean, wash and
iron and organize your house

I have experience and references.

My name is Miriam. I need job for all year.
239-368-6458. Cell 239-878-1416.

*NS 5/29 CC 6/12

THE RIVER
WEEKLY NEWS



Attention Agents!

Do you have a Florida Real Estate License?

We have four custom Commission Packages available.

Call Broker Lori Schulz at

1-239-395-3936

Or stop in, we're the first Real Estate Welcome Center
as you come on the Island on your right.

www.sancapgateway.com

*RS 6/5 CC 6/12

★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

SERVICES OFFERED

HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management
* Island Resident * Licensed & Insured
* 24/7 * www.doradoproperty.com
Call Lisa or Bruce at 239-472-8875
*RS 3/21 CC TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
Weeding, Installation of Plants, Trees and
Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
*RS 1/25 BM TFN

UPHOLSTERY

On Island Free Estimates.
Over 15 Years Experience.
Offering Professional Upholstery Services,
Custom Art and Hand Painted Furniture.
Lacy@LacyMcClary.com or 918-740-4972.
*NS 1/23 CC TFN

AFFORDABLE HOME CARE

Private Duty & Personal Assistant
Flexible shifts from 4hrs, Live Ins & 24hrs
Bath Visits, Alzheimer's Care, Bedridden
Stroke, Parkinson's, Traveling Companion
Licensed and Insured. 239-444-6914
*NS 11/28 CC TFN

MOBILE DOG GROOMING

Self-Contained Trailer
Up to 40 Lbs.,
Total Grooming, Package,
Please call.
239-313-7140.
*RS 3/6 CC TFN

HELP WANTED

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell
Museum needs Education and Great Hall
volunteers. No experience necessary, will
train. Please contact Melanie at
(239) 395-2233 ext 11.
*NS 7/11 NC TFN

VOLUNTEERS NEEDED

Volunteers needed for light general
maintenance. Call (CHR) Community
Housing & Resources, Inc. 472-1189.
*NS 11/1 NC TFN

HELP WANTED

JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or
Waiters with open availability Monday
through Sunday. If interested call
and ask for Kim 472-9300.
*NS 5/29 CC TFN

HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New
McGregor Salon. Increase your income,
be your own Boss. Positive, friendly,
comfortable atmosphere. Close to FMB &
Sanibel. Located in the busy, McGregor
Pointe Shopping Center near K-mart.
For info call Anita 239-233-9882
*RS 3/13 CC TFN

PIZZA DELIVERY

BEACH PIEZ PIZZA

Now delivering to CAPTIVA!
We also deliver to a beach access
or job site! Call 239-47BEACH
(472-3224) or visit www.beachpiez.com.
*NS 3/13 CC TFN

FOR SALE

MAINE COON KITTENS

Registered Maine coon kittens
(CFA and TICA.) Vet checked, all shots,
parasite free. Big, sweet lovable. Long time
registered breeder on Sanibel. \$950.
Amy (c) 239-699-8741.
*NS 4/3 CC TFN

40 GALLON FISH TANK



Includes wooden stand for storage
hood light, pump, filter, heater and other
accessories, good condition,
54" high x 30" wide x 12" deep. \$200.
Call 239-851-3506.
*NS 5/8 CC TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800
*RS 1/4 NC TFN

VEHICLES FOR SALE

GOLF CART FOR SALE



Street legal, "gas" powered.
\$6,500. 239-209-6500
*NS 6/5 BM TFN

2013 MAZDA 3i 4-DOOR SEDAN

Excellent condition.
32 mpg. 36K miles. New tires.
Great car!
239-565-9151
*NS 6/5 CC 6/5

2006 CHRYSLER SEBRING TOURING CONVERTIBLE

Less than 46,000 miles.
Good Condition.
\$6,500.
Call 239-443-0110.
*NS 6/5 CC TFN

TO PLACE A
CLASSIFIED
LOG ONTO:

IslandSunNews.com

CLICK ON

PLACE CLASSIFIED

To those who are hungry, \$20 is a fortune.



*But \$20 can feed a family of four
for a week, thanks to the...*

Harry Chapin Food Bank!

The Food Bank can acquire \$6 of nutritious food
for every \$1 you donate, turning your \$20 into
a week's worth of meals for a family of four...

Thank you for your generosity!



Scan to
connect to
the Food
Bank!

Mail your tax-deductible donation to:
The Harry Chapin Food Bank
3740 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007
Or donate online at:
www.harrychapinfoodbank.org



Harry Chapin Food Bank
1001 W. 1st St., Fort Myers, FL 33901

THE RIVER
FORT MYERS, FLORIDA

Shore Fishing:



Don't Harm The Fish by Capt. Matt Mitchell

Landing a big fish from the beach can be hard
on the fish. Dragging a fish up onto the sand if
you're going to release it is not an option as it
usually damages or kills the fish.

- Hold the fish in the water while you unhook it if
you're going to release it.

- The less you can touch a fish before release the
better for the fish.

- If you want a picture with the fish, support it as you
lift it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it
in the water; moving it slowly back and forth so water
goes over its gills. The fish will let you know when it's
ready to swim off.

- Florida just recently changed the regulations on
fishing from shore. Florida residents as well as out of
state visitors need a fishing license to fish from shore.

	4				8			7
5			2	9			6	
		3	1			8		
3				5			4	
		8	7				2	6
	9				6	1		
6		9		8				1
7					5		3	
	1		6			2		

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hello, my name is Nena. I'm a 1-and-a-half-year-old chocolate and white Florida Curr. I'm a very well-adjusted spayed female who is affectionate and enjoys the company of people and other dogs. What you see is what you get. I'm not complicated and will never need to see a doggie psychologist. As you can plainly see, I'm "all ears," so if you need someone to talk to, I'm your girl.

My adoption fee is \$75.
Hello, my name is Janice. I'm a 1-year-old spayed female brown tabby with a white chest and paws. I am friendly, affectionate and love to talk. Do you need a snuggly companion who's a good listener? I could be the one for you!
My adoption fee is \$15 (regularly \$50) during Animal Services' Adopt-A-Shelter-Cat promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Nena ID# 592284



Janice ID# 621149



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

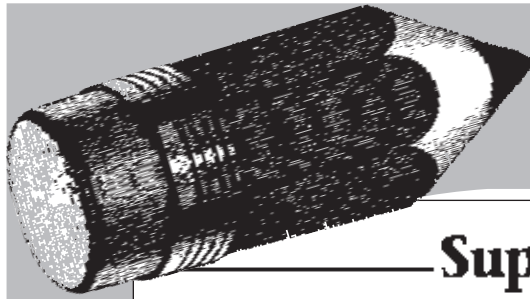
CLUBS & ORGANIZATIONS	
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:	
Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

Lions Clubs:	
Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-3614
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com



BEACH CHAIR PASTIME

answers on page 25

Super Crossword

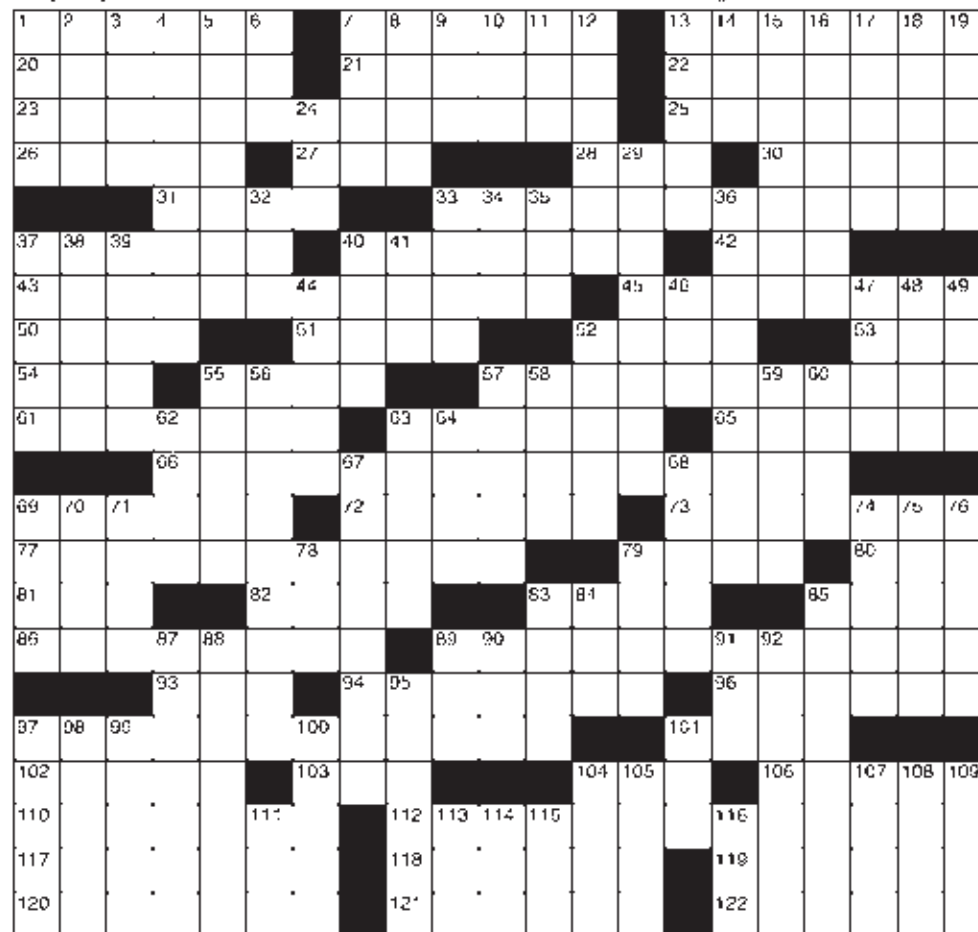
FIRST-CLASS ATHLETES

ACROSS

- 1 Shrimp
7 Dismay
13 Like pre-1917 Russia
20 Stomach ailments
21 Republic of China capital
22 Old roof sight
23 Inductee in the inaugural year of the ... NASCAR Hall of Fame [2010]
25 Skin bubble
26 Jan of South Africa
27 Canon camera
28 Fossil exec.
30 — throat
31 "As — dying"
33 ... Inter national Tenn's Hall of Fame [1955]
37 One pelting
40 Bubbling on the stove
42 "— Gang"
43 ... World Figure Skating Hall of Fame [1976]
45 Win 99-Down, Texas
50 Hearing pair
51 Moistureless
52 Bust — (laugh hard)
53 "Found it!"
54 Lending of enzymes
55 Groove of carpentry
57 ... National Baseball Hall of Fame
61 Retrieve
63 Stuck up
65 Concurrence
66 ... Basketball Hall of Fame [1959] and College Football Hall of Fame [1951]
69 "Flashdance" director Lynne
72 One of Nord's two partners
73 Not legal
77 ... Pro Football Hall of Fame [1963]
79 Writer — Stanley Gardner
80 Less than 2-
81 Western treaty gp
82 Hunky-
83 Mann, e.g.
85 Blue-ribbon
86 Pasture-raised
89 ... World Golf Hall of Fame [1974]
93 "What was I thinking?"
94 Complete obedience to
96 Shady alcoves
97 ... International Swimming Hall of Fame [1965]
101 "— girl"
102 Full of activity
103 Med republic
104 Darin
106 Relative by marriage
110 Digital data display
112 ... International Boxing Hall of Fame [1990]
117 Almond, say
118 Lake in New York
119 Director May
120 Racing driver
121 With 122-
122 See 121-
123 Across
33 Sneak attack
34 "Son of," in Arab names
35 Wheel toilet
36 "Everyone experiences that, right?"
37 Indent
38 Pick on
39 Monsters
40 Flight prefix
41 "More than I needed to know" abbr.
44 Stow cargo
46 Sulfur with venom
47 Zingy flavor
48 "Pardon me"
49 — avis
52 Singer Susan
55 "Jolt n' Joe" Across
56 Expiated
57 Horn sounds
58 Be seeing
59 Viewpoint
60 1958 Leslie Caron film
62 Match (up)
63 With cunning
64 Tri-plus six
67 Those giving out prizes
68 Spent
69 Very eager
70 Beloved one
71 Parks of civil rights
74 Mario of New York
75 workings
76 Cake levels
78 Soil slimer
79 Fashion magazine
83 Memo intro
84 Pl. of USSR
85 T. rana native
87 Do nothing
88 Estrogen or testosterone
89 Locale of mil. jets
90 Runner of film
91 Overly glib
92 Paper story
95 Not wide
97 Loft locales
98 Expend
99 See 45-
100 Quoter
101 Santa —
104 Jekyll and
105 Muscat site
107 Not clerical
108 Halfway of "Get Smart"
109 Headaches
111 Maui strings
113 1969 Beate once Yoko
114 Corp. honcho
115 Youngster
116 Foul caller

DOWN

- 1 Lather
2 Quahog, e.g.
3 Rights org.
4 Encounters
5 Singer Elvis
6 "This — test"
7 — extra cost
8 Com — (luba sounds)
9 Actress Zandra
10 Showery mo.
11 Guided
12 Chinese fruit
13 Fifer's drum
14 NBC TV nits.
15 Under debate
16 People taking breathers
17 The "I" of IV
18 Smile evilly
19 Infield covers
24 San Luis —
29 Scapegoats
32 Fido's noise
33 Sneak attack
34 "Son of," in Arab names
35 Wheel toilet
36 "Everyone experiences that, right?"
37 Indent
38 Pick on
39 Monsters
40 Flight prefix
41 "More than I needed to know" abbr.
44 Stow cargo
46 Sulfur with venom
47 Zingy flavor
48 "Pardon me"
49 — avis
52 Singer Susan
55 "Jolt n' Joe" Across
56 Expiated
57 Horn sounds
58 Be seeing
59 Viewpoint
60 1958 Leslie Caron film
62 Match (up)
63 With cunning
64 Tri-plus six
67 Those giving out prizes
68 Spent
69 Very eager
70 Beloved one
71 Parks of civil rights
74 Mario of New York
75 workings
76 Cake levels
78 Soil slimer
79 Fashion magazine
83 Memo intro
84 Pl. of USSR
85 T. rana native
87 Do nothing
88 Estrogen or testosterone
89 Locale of mil. jets
90 Runner of film
91 Overly glib
92 Paper story
95 Not wide
97 Loft locales
98 Expend
99 See 45-
100 Quoter
101 Santa —
104 Jekyll and
105 Muscat site
107 Not clerical
108 Halfway of "Get Smart"
109 Headaches
111 Maui strings
113 1969 Beate once Yoko
114 Corp. honcho
115 Youngster
116 Foul caller



King Crossword

ACROSS

- 1 Gladiatorial venue
6 Agent
9 Early bird?
12 Wears a rut in the rug
13 Lzu
14 Ultra-modern
15 Group character
16 Quito's land
18 Miffed
20 Abundant source
21 Conclusion
23 Miff
24 Man handled
25 Loucheur
27 Fools
29 Fearful
31 Staples Center team
35 Viticulturist's morsel
37 Teen's woe
38 "Great!"
41 Roulette bet
43 Feedbag tidbit
44 Blueprint
45 Alotment
47 Bliss
49 Overact
52 Tawler need
53 Rd.
54 Stopwatch, e.g.
55 Parched
56 Calendar abbr.
57 "Gypsy" composer
58 thropic
59 Crystal-lined stone
60 Impaled
61 Iditarod site
62 Gucci alternative
63 Type measures
64 Big Apple letters
65 Shell game need
66 Heraldic silver
67 Winter forecast
68 Thoe
69 Be philan-
70 Gene'tic abbr.
71 Prepared
72 Onion
73 Shell out
74 Stomach malady
75 Wan
76 Regions
77 Answer an invite
78 Leave out
79 Motorists' org.
80 X-rating?
81 Before

DOWN

- 1 Mimic
2 Scoundrel
3 Spiny anteater
4 Night light?
5 Very, to
6 Vivaldi
7 Makes smooth
8 Treaty
9 Be philan-
10 thropic
11 Crystal-lined stone
12 Impaled
13 Iditarod site
14 Gucci alternative
15 Type measures
16 Big Apple letters
17 Shell game need
18 Heraldic silver
19 Winter forecast
20 Thoe
21 Be philan-

MAGIC MAZE • HOT DOG TOPPINGS

D A X S V T Q O M J H F C A I
Y W P U E R P N S N O I N O L
L J H U F V E P B R D B Z X I
V T R Q H S I D A R E S R O H
O M K I E C R L C H F P D B C
Z Y W E K A T V O W T R P Q O
N L H L T B K E N K A I H E F
D C E S M B C A K Z C L X W P
V S U T U A R K R E U A S U S
R M Q O N G Y O N E P A L A J
M H S I L E R O K J I H F B E

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Bacon	Chili	Mayo	Relish
Black olives	Horseradish	Mustard	Sauerkraut
Cabbage	Jalapeno	Peppers	Slaw
Cheese	Ketchup	Pickles	



**AWARD
WINNING**
Flavors From The
Caribbean Rim!



Sanibel Island

Ft. Myers Beach

Captiva Island



975 Rabbit Rd.
Sanibel Island, FL 33957
239.472.8311



708 Fisherman's Wharf.
Ft. Myers Beach, FL 33931
239.765.9660



South Seas Island Resort
Captiva Island FL 33924
239.312.4275



Visit Us Online @ www.DocFords.com

Live Music & Happy Hour Available - Details online!



TheBeachedWhale.com

239-463-5505 | 1249 Estero Blvd.

Live Music
Nightly!
Happy Hour
Mon-Fri 2-5pm

**We've Got
Your Game!**